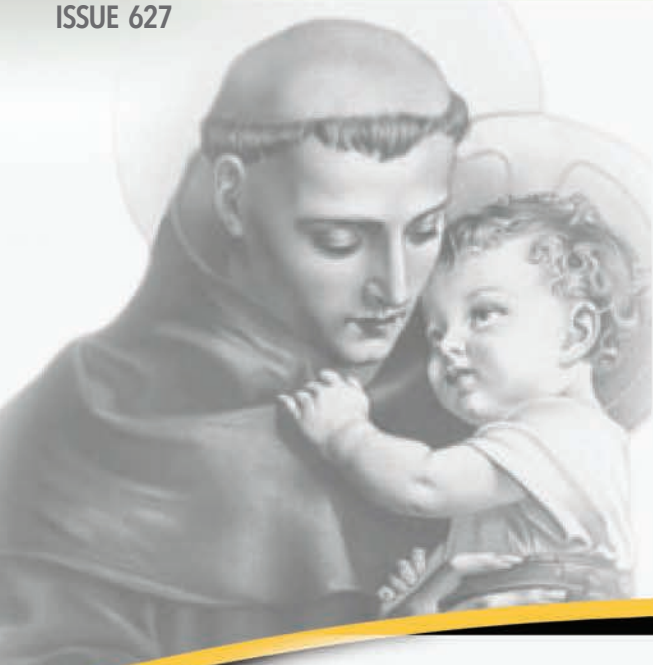




ISSUE 627

JUNE 2026



ST. ANTHONY'S MASS & *Luncheon*

**Sunday,
June 7, 2026**

12:00pm

\$25.00 | IACC Member
\$30.00 | Non-Member



Reservations: (518) 456-4222 or visit italianamerican.com



Italian American Community Center
St. Anthony's Shrine
257 Washington Avenue Extension
Albany, New York 12205

HAPPY FATHER'S DAY



FROM THE I.A.C.C.

NEWS & EVENTS

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PASTA ALL'AMATRICIANA |

SOCIAL CALENDAR

June



6/01 ~ Men's Bocce League - 6:30 pm

6/01 ~ Monday Night Grand Italian Buffet – 5:00 pm – 7:00 pm

6/02 ~ Women's Bocce League - 6:00 pm

6/04 ~ Best of The Bronx: Yankees Game & Arthur Ave Bus Trip - 8:00 am

SOLD OUT

6/05 ~ Friday Nights at the Pavilion (Special: Linguine with White Clam Sauce- \$18) 5 pm-8 pm

6/07 ~ St. Anthony's Mass/Luncheon 12 Noon- 4 pm

6/08 ~ Men's Bocce League - 6:30 pm

6/09 ~ Women's Bocce League - 6:00 pm

6/10 ~ Women's League Meeting - 6:00 pm

6/12 ~ Friday Nights at the Pavilion (Special: Stuffed Peppers | Meat & Meatless-\$15) 5 pm-8 pm

6/15 ~ Men's Bocce League - 6:30 pm

6/15 ~ Monday Night Grand Italian Buffet – 5:00 pm – 7:00 pm

6/16 ~ Women's Bocce League - 6:00 pm

6/19 ~ Friday Nights at the Pavilion (Special: Greens & Beans - \$15.00) 5 pm-8 pm

6/22 ~ Pool - Early Morning Lap Swimming Starts 7:30 am-9:30 am

6/22 ~ Men's Bocce League - 6:30 pm

6/23 ~ Women's Bocce League - 6:00 pm

6/26 ~ Friday Nights at the Pavilion (Special: Chicken Parmigiana with Pasta - \$16) 5 pm - 8 pm

6/29 ~ Men's Bocce League - 6:30 pm

6/29 ~ Monday Night Grand Italian Buffet – 5:00 pm – 7:00 pm

6/30 ~ Women's Bocce League - 6:00 pm

UPCOMING EVENTS

- 7/04 ~ Independence Day BBQ at The Pool - 12 noon - 4 pm
- 8/15 ~ Ferragosto 2026 - Starts at 2 pm



PRESIDENT'S MESSAGE

It's hard to believe we're already nearing the halfway point of 2026. Time is flying, and so are we! Our bocce leagues are in full swing, the pool is open for everyone to enjoy, and our Friday Nights at the Pavilion are bringing members together each week. This camaraderie truly embodies what our community stands for.

I warmly invite each member to join us for our annual Saint Anthony's Mass. This celebration goes beyond the liturgy; it honors the neighborhood church that welcomed many of our grandparents and parents when they first arrived in this country, laying the foundations of the vibrant community we cherish today. We are also honored to have Father Kevin Dyer as our celebrant this year. Many of you know him as the brother of Theresa, our Office Manager, and his presence adds special significance to this occasion for our IACC family. I encourage you to attend the Mass, enjoy a delicious Sunday dinner, and spend a relaxed afternoon by the pool. There's no better way to spend a Sunday than with the people you care about.

Please review our short article about recent improvements at the club. It was originally part of this message but needed to be noted separately. I don't usually dive into that level of detail regarding the business side of the IACC, but I feel it's important for our members to understand how funds are being utilized wisely. Each of these investments was made with your enjoyment and comfort in mind, and we take that responsibility to heart.

Finally, to all the men who proudly answer to Dad or Grandpa, I wish you a wonderful and blessed Father's Day. You are the foundation of our families and the strength of our community.

JIM SANO
ITALIAN AMERICAN COMMUNITY CENTER
PRESIDENT

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(518) 767-9301

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HOURS: M-F 9:30AM TO 2:30PM

THERESA LAJOY - OFFICE MANAGER

PHONE # (518) 456-4222

EMAIL: IACCOFFICE@ITALIANAMERICAN.COM

WOMEN'S LEAGUE

Hello ladies!!
Hooray, hooray, June is finally here! The days are getting warmer and summer is fast approaching. The pool and Pavillon are open and bocce is in full swing.

Our May meeting was a Mexican fiesta celebration. There was an abundance of food and delicious desserts. As a group, we have decided to continue our support of the Caring Closet and Grassroot Givers. For the Caring Closet, we will collect personal items (body soap, shampoo, conditioner, dental products, feminine hygiene products etc.). For Grassroot Givers, donations of new and/or gently used items: clothing (can only accept clothes for the current season), kitchen and household items. If you have items

you would like to donate, please bring them to our monthly meetings. If you would like to find out more information regarding acceptable items for both organizations, please go to grassrootgiver.org or thecaringcloset.org.

The next Women's League meeting will be Wednesday June 10th at 6 pm in the pavilion. We will be having dinner catered by Fiorello's Importing-Luigi's Deli. The price will be \$20 per person. Please call Mary Lou Marando at (518) 482-8276 by Sunday, June 7th to make reservations.

Wishing all those wonderful Fathers and father figures in our lives a very Happy Father's Day.

Georgeann Greene
President

IMPORTANT IMPROVEMENTS MADE POSSIBLE BY YOUR SUPPORT

The Friday Nights at the Pavilion crew have been working hard behind the scenes to enhance your experience, and I'm excited to share what your support has helped us achieve. In February, we secured a commercial double-pizza oven at a restaurant auction in Pennsylvania for \$6,000, a unit valued between \$45,000 and \$50,000 when new. It was in solid working condition but needed some care and a few upgrades to reach peak performance. Notably, we replaced the metal trays with pizza stones for better results. The capacity increase is impressive: while our previous oven could turn out four pizzas every twenty minutes, this new one can produce twelve. This improvement will be especially noticeable during our busiest Friday nights.

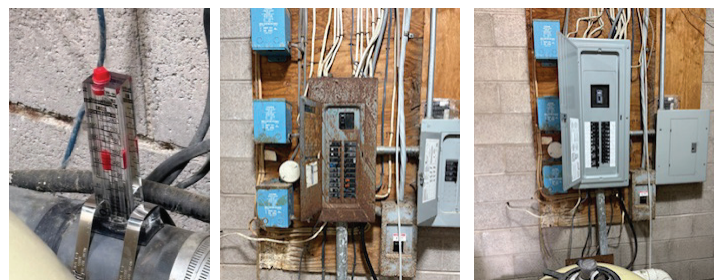
Additionally, we've invested in a Point-of-Sale system. This automated system updates in real time when specials sell out, routes orders directly to the kitchen and frying station, and gives us better control over inventory. There will be a bit of a learning curve, as always happens with new technology, but our goal is to minimize delays, improve communication between the front and back of house, and create a smoother experience for everyone.

We have also made important investments at the pool, totaling approximately \$9,000, focusing on improvements that may not always be visible but are essential to maintaining a high-quality facility. One of



our three sand filters, which had been in service for 50 years, was replaced, and the sand in the other two filters was completely changed. Proper filtration is critical to maintaining clean, safe water, something that is often taken for granted until it becomes an issue. This investment will help us keep the water in top condition. We also had to replace a malfunctioning flow meter and, most importantly, we replaced an aged and dangerous electrical panel box damaged from 50 years of exposure to chlorine and chlorine gas. Additionally, we have replaced worn chaise loungers with new ones, reinforcing our commitment to the comfort and safety of our members.

Each of these investments was made with your enjoyment and comfort in mind, and we take that responsibility to heart.



The Longobards and Their Places of Power

568 – 774 A.D.

A SINGLE SITE FOR SEVEN PLACES

BY JIM SANDO



PART I

The Longobards in Italy: Places of Power (568-774 A.D.) comprises seven historical sites in Lombardy, Umbria, Puglia, Campania, and Friuli Venezia Giulia. These sites commemorate the Lombard kingdom and its duchies, considered the "first Italian nation." They highlight the Lombards' significant role in Europe's cultural and spiritual development during the transition from the Classical to Medieval periods. Each site provides insights into Lombard history, architecture, and cultural influence, showcasing their contributions to European heritage. These sites include churches, fortresses, and other landmarks demonstrating the Longobards' cultural and political impact in Italy. In the 6th century A.D., the Longobards migrated to Italy and established the Kingdom of the Lombards, ruling from Friuli to Benevento and Apulia for 200 years. They created 35 Lombard duchies, blending their own culture with the regions they conquered, shaping Italy's medieval history. Their influence extended beyond military power and influenced art, architecture, and spiritual practices. The Lombards assimilated Roman traditions, Christian spirituality, and Byzantine influences,

resulting in a distinct culture in the late 7th and 8th centuries A.D.

The Lombards' unique architectural styles revitalized classical forms and inspired artistic expressions that profoundly impacted Italian architecture and art. Their structures and communities shaped religious and cultural customs throughout Europe. They played a pivotal role in the growth of Medieval European Christianity, particularly in advancing the monastic movement. The Lombard rule in Italy marked a significant shift from Antiquity to the Middle Ages, laying the groundwork for the birth of medieval Europe. This transformation influenced Western history for the next thousand years, with figures like Charlemagne continuing the cultural change.

The Lombards' rule ended in 774 when Charlemagne conquered Pavia and incorporated the Lombard kingdom into the Carolingian Empire. Despite their defeat, the Lombards left a lasting impact on Italy's history and culture, as evidenced by the seven Places of Power. Designated as a UNESCO World Heritage Site in 2011, their legacy continues to shape Italian culture and heritage.



CIVIDALE DEL FRIULI: THE LOMBARD TEMPLE AND THE EPISCOPAL COMPLEX

Cividale del Friuli is a town in northeastern Italy, located 16 kilometers east of Udine near the Slovenian border overlooking the Natisone River. Cividale del Friuli has been a continuously inhabited settlement since the Paleolithic and Neolithic eras. During the Iron Age, the Veneti and Celts inhabited the area. In 50 BC, Julius Caesar established a fortified camp named Forum Iulii. Over time, this camp developed into a municipality. After the fall of Aquileia and Iulium Carnicum in 452 AD, Forum Iulii became the principal town of Friuli and lent its name to the region. The name was later abbreviated to Friuli, and it is now included in the regional name of Friuli Venezia Giulia.

Cividale del Friuli's rich medieval heritage was highlighted in 568 AD when it was designated the Lombard kingdom's first capital. Under the Lombards' rule, the town flourished as a political, cultural, and religious center, shaping Italian history during the early Middle Ages. Cividale del Friuli's Gastaldaga and Episcopial Complex are included in the Longobard Places of Power list. These were the centers of power and religious activities during this time.

The town remained an essential part of the Lombard empire until 774 AD, when the Franks under Charlemagne took control and renamed it Civitas Austriae. Later, in 1420, Cividale was annexed to the Republic of Venice, and in 1866, it became part of the Kingdom of Italy.

The Gastaldaga area is home to the Tempietto Longobardo complex, one of the most significant historic Lombard sites. The complex is situated within the Monastery of Santa Maria in Valle and includes a Basilica, the baptistry of San Giovanni Battista, and the Patriarchal Palace. The Temple is one of the most magnificent and well-preserved examples of Longobard architecture. Its decorations combine Longobard designs with classic models, creating a unique and refined style that influenced later art movements.

The Episcopial Complex, situated within the National Archaeological Museum of the Cathedral, holds immense religious significance in Cividale del Friuli. Comprising a basilica, a baptistry, and the remains of the Patriarchal Palace beneath it, this complex is home to remarkable examples of Lombard sculpture.



Among them, the **Altar of Duke Ratchis** stands out as a masterpiece adorned with intricately carved biblical reliefs. It was commissioned by Duke Ratchis, the Duke of Friuli (739-744) and King of the Lombards (744-749).



The Altar of Duke Ratchis is a rectangular Carsic stone with polychrome decoration. The reliefs depict scenes from the Bible, showcasing the Lombards' exceptional craftsmanship and profound religious devotion.

Christ in Majesty is carved on the front, while two crosses on either side of an opening for relics are found on the back. The program is finished with carvings on the sides of the Visitation and the Adoration of the Magi. The Altar of Ratchis serves as a testament to the artistic excellence of the Lombard people and their significant impact on medieval European art.

The Baptismal Font of Patriarch Callisto (Tegurio of Callisto) is another marvel housed within the Baptistry. This octagonal marble canopy features columns, arches, and sculptural reliefs, creating a breathtaking architectural ensemble that shelters the baptismal font. Like the Altar of Ratchis, the Tegurio of Callisto exemplifies the Lombards' mastery of sculptural artistry and ability to blend classical motifs with Christian symbolism. Additionally,



the National Archaeological Museum is home to an exhibit titled "The Treasure of the Cathedral," which displays jewelry, liturgical objects, paintings, and works of art made of gold, silver, and ivory, as well as manuscripts that represent the Christian history of Cividale.

BRESCIA CASTLE MONUMENTAL AREA AND MONASTIC COMPLEX OF SAN SALVATORE-SANTA GIULIA AT BRESCIA



Lombardy's second-largest city, Brescia, with nearly 200,000 residents, is an industrial hub between Lake Garda and Lake Iseo. It was named the 2017 European Center of Gastronomy and is renowned for its caviar and Franciacorta sparkling wine. With a history dating back to 1200 BC, Brescia is celebrated for its Longobard heritage and was designated a UNESCO World Heritage Site in 2011.

Monastic Complex of San Salvatore-Santa Giulia

The monastic complex was established in 753 by Duke Desiderius and his wife, Ansa, and serves as a prime example of Early Medieval religious architecture. Their daughter, Anselperga, became its first abbess. The complex has undergone various reconstructions and restorations over the centuries, evolving to incorporate Roman, pre-Romanesque, Romanesque, and Renaissance elements. Now known as the Museo di Santa Giulia, it is renowned for its architectural diversity and houses around 11,000 artworks and archaeological finds, showcasing Brescia's rich history.

The Monastic Complex of San Salvatore-Santa Giulia in Brescia is made up of several structures:

1. Basilica of San Salvatore: Founded in 753 by Duke Desiderius and his wife Ansa, this basilica is a prime example of High Middle Ages architecture. It incorporates Lombard stylistic elements with classical and Byzantine motifs. In 761, a crypt was added to house the relics of Saint Julia. The basilica features artworks such as the "Stories of St. Obizio" by Romanino and "Stories of the Virgin and the Infancy of Christ" by Paolo Caylina il Giovane.

2. Church of Santa Maria in Solario: Built in the mid-12th century, this chapel has a unique square base with an octagonal lantern and two internal levels. It houses significant artifacts, including the Brescia Casket (a 4th-century ivory box) and the Cross of Desiderius (a gold and silver artifact adorned with 212 precious gems). The interior is decorated with frescoes by Floriano Ferramola.

3. Nuns' Choir: Constructed between the late 15th and early 16th centuries, it features extensive frescoes by Ferramola and Caylina and notable funerary monuments, including the Martinengo Mausoleum, a Renaissance sculpture masterpiece. The choir has a lower-level old churchyard and an upper-level choir room with a barrel vault.

4. Church of Santa Giulia: Completed between 1593 and 1599, this church is known for its Botticino marble façade with Corinthian pilasters and a rich frieze. The interior is a spacious nave with a barrel vault featuring minimal sacred furnishings and only remnants of its original frescoes.

CASTRUM WITH TORBA TOWER AND CHURCH OUTSIDE THE WALLS, SANTA MARIA FORIS PORTAS, AT CASTELSEPRIO

The Archaeological Park of Castelseprio in the Province of Varese is a significant historical site and an essential part of the UNESCO Lombard circuit. Castelseprio-Torba and its surrounding area were vital for controlling and defending the path to Pavia, the capital of the Longobard Kingdom, from the northern alpine passes leading to the territories of the Franks and their allies.



San Salvatore interior



Nuns' choir frescoes



Martinengo cenotaph



Cross of Desiderius



Nuns' choir frescoes

The Ministry of Culture oversees the 130,000 square-meter park, which blends preserved and accessible areas that showcase its extensive past. The site's history dates back to prehistoric times, becoming a Roman settlement by the fourth century A.D. and a fortified area in the early Middle Ages. In the fifth century A.D., the medieval Castelseprio fortress, a castrum, was created. The castrum, originally a late Roman fortress, was repurposed by the Lombards and later destroyed by the Visconti of Milan. Despite this, fundamental structures such as the walls, residential buildings, and the complex of San Giovanni Evangelista remain. This site exemplifies the Lombards' role in transforming and repurposing existing Roman and Ostrogothic structures. Upon their arrival in the sixth century, the Lombards fortified and expanded the site into a key administrative and religious hub. It served as the seat of a gastaldo, an officer managing the king's estates. The castrum is an excellent example of how urban power centers could develop in historical contexts.



KEY STRUCTURES AND FEATURES

Torba Tower and Monastery: Initially a Roman military outpost and later an Ostrogoth defensive bastion, the site was transformed by the Lombards in the 8th century into a commercial center and then into a monastic complex. The tower, dating back to the fifth and sixth centuries, is a rare surviving example of late imperial military architecture later adapted for religious use. As part of a female monastery, the tower represented the integration of spirituality and community within fortified structures.



This conversion showcased the Lombards' influence on early medieval Europe's cultural and spiritual landscape, symbolizing their shift towards Christianity. The tower and its surrounding complex also contribute to the Lombard artistic legacy with their frescoes, reflecting a blend of classical, Byzantine, and local influences that

inform our understanding of Lombard aesthetics and cultural values.

San Giovanni Complex: At the heart of the castrum lies the Basilica of San Giovanni Evangelista, accompanied by an octagonal baptistery and a monumental cistern. The basilica, dating back to the



fifth and sixth centuries, continued as a religious site until its abandonment in the nineteenth century. Its walls bear traces of frescoes, and the floor features opus sectile marble work, highlighting the site's artistic and religious significance.

Santa Maria Foris Portas: This church, located outside the main castrum walls, is renowned for its well-preserved and enigmatic cycle of medieval frescoes depicting the "Stories of the Infancy of Christ." The apsidal frescoes are among the largest mural paintings from this period, showcasing the artists' skill and creativity. These artworks offer valuable insights into early medieval religious art and the cultural milieu in which it was produced.



Antiquarium: In 2009, the Antiquarium was established within the park, housed in the recovered former Franciscan convent of San Giovanni. This museum presents significant archaeological finds from ongoing excavations, offering visitors a chronological narrative of the site's history from prehistoric times through the medieval period.

THIS ARTICLE WILL CONTINUE IN OUR NEXT ISSUE

2026 IACC SWIMMING POOL SCHEDULE

POOL PHONE 518-250-4511 (TO CHECK CONDITIONS)
MEMBERS MUST HAVE THEIR MEMBERSHIP CARD
AVAILABLE WHILE AT THE POOL

Su	Mo	Tu	We	Th	Fr	Sa
May					22-Noon	23
24	25	26	27	28	29	30
31						
June	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
July			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Su	Mo	Tu	We	Th	Fr	Sa
August						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					
Su	Mo	Tu	We	Th	Fr	Sa
September		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

Noon - 8:00 p.m. |
 10 a.m.- 8:00 p.m |
 Noon - 5:00 p.m. |
 Noon - 8:00 p.m
Lap swim 7:30 - 9:30 am

IACC POOL REGULATIONS

- Proper bathing attire required. No cut-off jeans in the pool.
- Clothes and towels are not to be hung on or over the fence.
- IACC is not responsible for lost or stolen articles in pool area.
- NO running or jumping, profanity, horseplay, or pets permitted.
- NO glassware permitted in pool area.
- Children under age 12 MUST be accompanied by a parent or responsible adult at all times in pool area.
- NO radios, cassettes, or CD players in the pool area.
- ALL babies and small children not toilet trained MUST wear a swim diaper at all times.
- Children using flotation devices must be accompanied by an adult in the water.
- Children using flotation devices are allowed in the shallow end of the pool ONLY.
- No smoking in the Pool area.
- Guests must be accompanied by a member and must register with the lifeguard on duty.



I.A.C.C. FOUNDATION

ANNUAL CASH DRAWING

\$100 A TICKET | ONLY 200 TICKETS SOLD

GRAND PRIZE \$5,000

PLUS 10 \$500 PRIZES

**DRAWING TO BE HELD AT FERRAGOSTO 2026
ON AUGUST 15, 2026**

Everyone is welcome to participate, not just members.

HOW TO PURCHASE A TICKET:

- Call the Membership Office at 518-456-4222.
- Or scan the code below and someone will contact you.

SCAN BELOW



SOMEONE WILL CONTACT YOU

We're selling 200 tickets at \$100 each, which means the odds are in your favor.

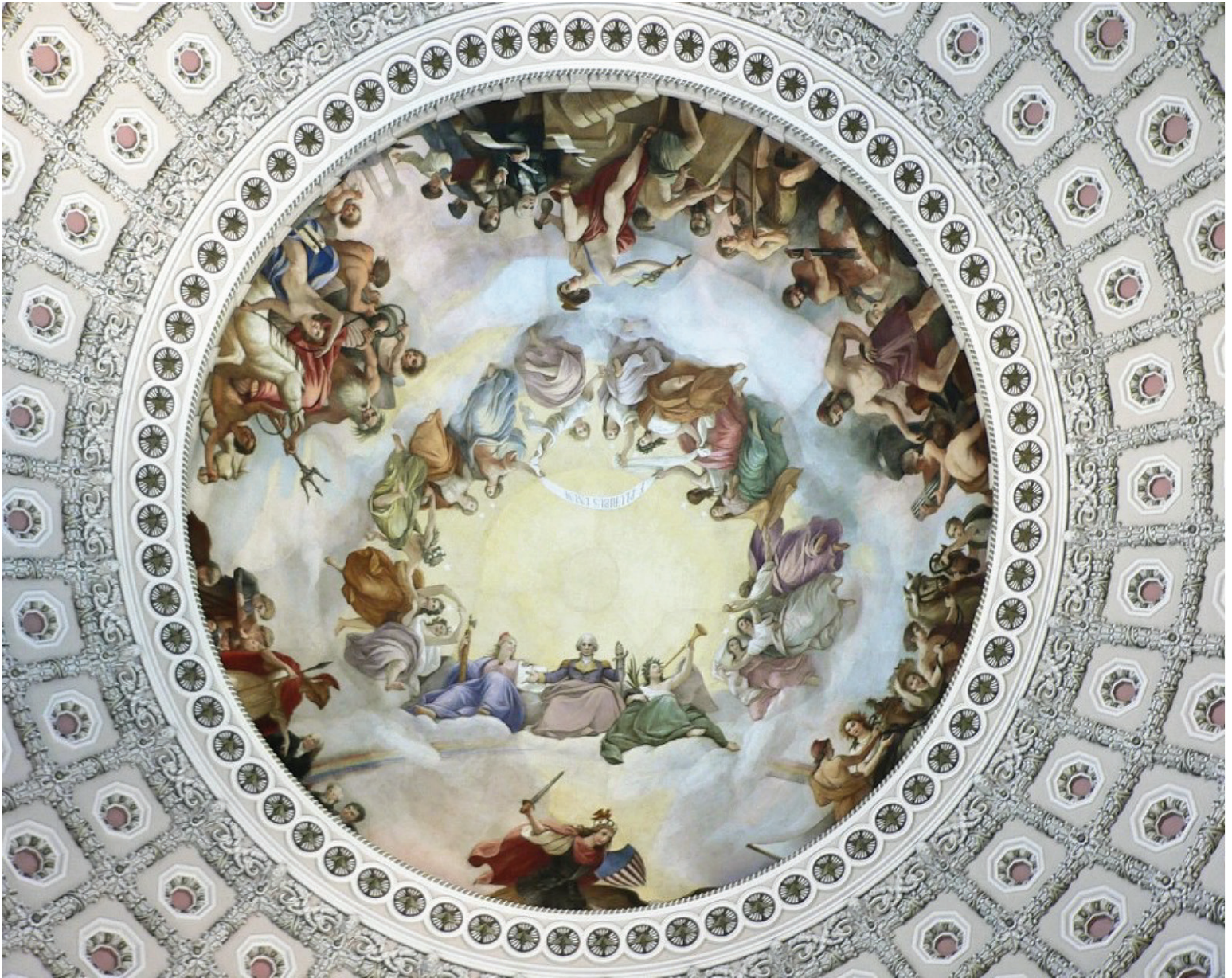
Team up with friends or family, or surprise someone with a ticket as a gift!



PROCEEDS TO BENEFIT
THE IACC PLAYGROUND
FUND

PER TUA
INFORMAZIONE
(FOR YOUR INFORMATION)

BY JOE SANO



CONSTANTINO BRUMIDI

THE “MICHAELANGELO” OF WASHINGTON

As we celebrate the 250th Anniversary of the signing of the Declaration of Independence, let us reflect on one of the great Italian American contributors to the beauty of our nation’s Capitol. Constantino Brumidi was the principal artist of the U.S. Capitol. Born in Rome, Brumidi was trained at the Academy of St. Luke in the full range of painting mediums, including true fresco, painted in sections on fresh plaster, and sculpture. He achieved mastery of the human figure and learned how to create the appearance

of three-dimensional forms on a flat surface, an effect called trompe l’oeil or fool-the-eye. He painted murals for popes and princes and was considered one of Rome’s best artists. However, he got involved with the early failed attempts at Italian unification. He was imprisoned and sentenced to many years in prison.



He received a papal pardon with the stated condition that he would be leaving for America. Arriving in New York in September 1852, he immediately applied for citizenship, which was granted in 1857.

It was Capitol dome architect Thomas Walter who asked Brumidi to furnish a design for "a picture 65 feet in diameter, painted in fresco, on the concave canopy over the eye of the new dome of the U.S. Capitol."

Brumidi's artistic vision yielded *The Apotheosis of Washington* (1865), a 4,664-square-foot, "true fresco" located 180 feet up in the eye of the Rotunda dome, depicting George Washington rising to heaven. "The Apotheosis of Washington," his most ambitious work at the Capitol Building, was painted in 11 months at the end of the Civil War, soon after the new dome was completed. The figures, up to 15 feet tall, were painted to be intelligible from close up as well as from 180 feet below.

Brumidi depicted George Washington rising to the heavens in glory, flanked by female figures representing Liberty and Victory/Fame. A rainbow arches at his feet, and thirteen maidens symbolizing the original states flank the three central figures. The word "apotheosis" in the title means literally the raising of a person to the rank of a god, or the glorification of a person as an ideal. Six groups of figures line the perimeter of the canopy; the following list begins below the central group and proceeds clockwise:

- 1. War**, with Armed Freedom and the eagle defeating Tyranny and Kingly Power
- 2. Science**, with Minerva teaching Benjamin Franklin, Robert Fulton, and Samuel F.B. Morse
- 3. Marine**, with Neptune holding his trident and Venus holding the transatlantic cable, which was being laid at the time the fresco was painted
- 4. Commerce**, with Mercury handing a bag of money to Robert Morris, financier of the American Revolution
- 5. Mechanics**, with Vulcan at the anvil and forge, producing a cannon and a steam engine.

Brumidi also adorned the Senate Wing which today is known as the Brumidi Corridor. These five hallways are adorned with elaborate, vibrant frescoes featuring birds, animals, flowers, and allegorical figures, blending Italian Renaissance style with American symbols. He also painted elaborate scenes in 5 additional Senate meeting rooms.

In 1859, his final contribution was the creation of a sketch for the Rotunda frieze (circumference band around the lower part of the dome). Without any ok to start his work, he finally was allowed to begin in 1877. After enlarging the sketches for the first scenes, Brumidi



began painting the frieze in 1878, at the age of 73. His design traces America's history from the landing of Columbus to the discovery of gold in California. While working on the figure of William Penn in the scene "William Penn and the Indians," Brumidi's chair slipped on the scaffold platform. He saved himself from falling 75 feet only by clinging to the rung of a ladder for 15 minutes until he was rescued. He returned to the scaffold once more but then worked on enlarging his remaining sketches until his death a few months later in February 1880.

Any trip to the U.S. Capitol is not complete unless the artistic visions of the Italian American Master - Constantino Brumidi are experienced in person. They are indeed exceptional. □





**ITALIAN AMERICAN COMMUNITY CENTER
PRESENTS**

ferragosto

**Saturday, August 15, 2026
2PM | Bonfire at Dusk**

**Lunch, Dinner, Dessert
Coffee & Tea are Included.
Other beverages are available
for purchase.**

**This is a free member event.
Guests of members & pool
members are welcome for
\$25.00**

FOR MORE INFORMATION VISIT WWW.ITALIANAMERICAN.COM

The Italian American Community Center Foundation

presents

Friday Nights

AT THE

PAVILION



EVERY FRIDAY NIGHT FROM
May 22nd - September 4th

5:00PM - 8:00PM

Eat, drink, listen to music, play bocce
or just hang-out at this family event!

**OPEN TO THE PUBLIC.
ALL ARE WELCOME!**

**257 WASHINGTON AVE. EXT.
THE I.A.C.C. PAVILION**

**DON'T
MISS IT!**

To learn more about the Italian American
Community Center Foundation, please visit:

www.iaccfoundationalbany.org

518.456.IACC (4222)

257 Washington Avenue Ext. Albany, NY 12205

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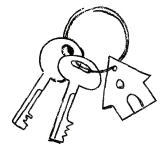
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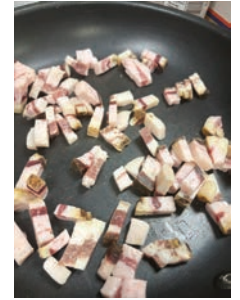
Mangia Bene E Vivi Bene!

By FRANK ZEOLI



PASTA ALL'AMATRICIANA

Pasta all'Amatriciana is a classic Roman pasta dish known for its rich tomato sauce, crispy cured pork, and sharp Pecorino Romano cheese. Traditionally served with bucatini, this recipe is simple, bold, and deeply flavorful. Authentic Amatriciana is made with guanciale, not bacon.



PREP TIME: 20 MINUTES | COOK TIME: 25 MINUTES (APPROX)

INGREDIENTS

- 1lb of bucatini pasta
- 5 ounces guanciale or pancetta (diced)
- 2 tablespoons olive oil (only if guanciale is lean)
- 1 small onion, finely (chopped)
- 1 tablespoon of fresh garlic (minced)
- 1 teaspoon crushed red pepper flakes
- 1 (28-ounce) can San Marzano plum tomatoes (crushed)
- 6 fresh basil leaves (torn)
- 1 cup grated Pecorino Romano cheese
- 1 oz of fresh parsley (chopped)
- Salt and black pepper to taste

INSTRUCTIONS

1. Bring a large pot of salted water to a boil. Cook the pasta until al dente. Reserve about 1 cup of pasta water before draining.
2. In a large skillet over medium heat, cook the guanciale until crispy and golden, about 6–8 minutes. Add the olive oil if the guanciale is lean. Remove excess fat if necessary, leaving a few tablespoons in the pan.
3. Add the garlic, onions and basil. Sauté until softened. Stir in the red pepper flakes. Add the crushed tomatoes and simmer for 15–20 minutes until slightly thickened.
4. Toss the drained pasta into the sauce. Add a splash of pasta water as needed to help the sauce coat the pasta.
5. Remove from heat and stir in most of the Pecorino Romano. Top with additional cheese and the parsley if desired.



Look for more recipes in the next edition of the SIAMO QUI

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