

"WE ARE HERE"

Siamo Qui

ISSUE 518

MARCH 2017

The Italian American Community Center Foundation invites you to our annual



St. Patrick and St. Joseph

Mass & Brunch

Sunday, March 19 • Mass at 10:30 am



BRUNCH SERVED AFTER MASS

Menu

- Scrambled Eggs • Bacon and Sausage
- Baked Ziti • Cauliflower and Broccoli Fritters • Corned Beef and Cabbage with Carrots and Potatoes • Pasta Cece • Rolls and Italian Bread
- Seasonal Fresh Fruit Royale • Cookies
- Assorted Juices • Coffee, Tea, Milk
- St. Joseph's Zeppole



Cost: \$25

Open to the Public

Italian American Community Center 257
Washington Avenue Ext. Albany

Reservations:

Call the IACC Office at 456-IACC (4222)
or register online at www.iaccfoundationalbany.org

News & Events



Family *Easter* Party

**SUPER BOWL
51 PARTY**



CARNEVALE



257 Washington Avenue Ext.
Albany, NY 12205
(518) 456-4222
iacoffice@italianamerican.com

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Social Calendar

March 2017

- 01 ~ Member Exclusive: Weekly Co-Ed Poker Game Noon
- 01 ~ Member Exclusive: Weekly Men's Poker Game 5:00 pm
- 02 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30 pm
- 02 ~ Chair Yoga 6:30 pm
- 03 ~ Mixed Bowling at Westlawn Lanes 6:00 pm
- 08 ~ Member Exclusive: Weekly Co-Ed Poker Game Noon
- 08 ~ Member Exclusive: Weekly Men's Poker Game 5:00 pm
- 09 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30pm
- 09 ~ Chair Yoga 6:30 pm
- 10 ~ Mixed Bowling at Westlawn Lanes 6:00 pm
- 15 ~ Member Exclusive: Weekly Co-Ed Poker Game Noon
- 15 ~ Member Exclusive: Weekly Men's Poker Game 5:00 pm
- 16 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30 pm
- 16 ~ Chair Yoga 6:30 pm
- 17 ~ Mixed Bowling at Westlawn Lanes 6:00 pm
- 19 ~ Saint Patrick's/Saint Joseph's Day Mass and Brunch
- 22 ~ Member Exclusive: Weekly Co-Ed Poker Game Noon
- 22 ~ Member Exclusive: Weekly Men's Poker Game 5:00 pm
- 23 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30 pm
- 23 ~ Chair Yoga 6:30 pm
- 24 ~ Mixed Bowling at Westlawn Lanes 6:00 pm
- 27 ~ Intermediate Italian Lessons Begin 7:00 pm
- 29 ~ Member Exclusive: Weekly Co-Ed Poker Game Noon
- 29 ~ Member Exclusive: Weekly Men's Poker Game 5:00 pm
- 30 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30 pm
- 30 ~ Chair Yoga 6:30 pm
- 31 ~ Mixed Bowling at Westlawn Lanes 6:00 pm
- April 1 ~ Family Easter Party

Upcoming Events:

- 04/08 Arthur Ave. Bronx Shopping Trip
- 05/19 Friday Nights at the Pavilion
- 05/20 Pre-Opening Pool Party
- 05/25 Yankee Game & Arthur Ave. Best of the Bronx Trip





President's Message

February saw a lot of action here at the IACC. We held two great annual Italian and American events starting with our Super bowl Party. This year's event broke attendance records and was a great success. Our Venetian Carnevale held every year on the Saturday before Ash Wednesday was magical with lots of colorful costumes, good food and great music. I can wait until next year. I would like to thank all of the committees who worked on these two events your commitment and passion in creating memorable events here at the club is inspiring.

Looking ahead spring is almost here, and as is custom, we welcome it with great events and activities for all club members. March 19th is the Foundation's annual St. Patrick/St. Joseph's Mass and Brunch. This year we are honored to have Father Peter Young celebrating the mass. On April 1st the Woman's League and the Foundation are sponsoring a Family Easter Party. Our annual pilgrimage to Arthur Avenue in the Bronx to shop for great Italian delicacies is scheduled for April 8th and finally to end the month of April the Women's League is holding their annual Mother Daughter Luncheon.

Information on these events is available in the newsletter and on our website. I invite you to participate in as many of these great events as possible.

Ciao,

FRANK ZEOLI
ITALIAN AMERICAN COMMUNITY CENTER
PRESIDENT



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- VICE PRESIDENT ~ ANN MARIE LIZZI
573-4680
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389-6090
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- HOURS: M-F 9:30AM TO 2:30PM
- THERESA LAJOY- OFFICE MANAGER
- PHONE # (518) 456-4222
- EMAIL: IACCOFFICE@ITALIANAMERICAN.CO M

SUPER BOWL 51 PARTY

First Overflow and then Overtime!

CLUB
NEWS &
EVENTS

This year's Super Bowl proved pretty momentous, especially for the IACC. For the third year in a row, we broke our own attendance record. There were 140 people who attended the Super Bowl celebration.

The game itself proved to be interesting. At first, a blow out by the Falcons in the first half of the game. Then, the Patriots mounted an epic come from behind rally to tie the game. Then even more exciting, Patriots in a victory in overtime.

There are so many people I want to thank who helped in planning this event and making it a big success. Frank Zeoli - menu and games, Maria Marchio - front door, Joe Mirabile - A/V Specialist and set up, Pete Scavullo - games of chance, set up and breakdown, Angelo Tarantino - promoter, David Quadrini set up, Ron Richards - games and John Green-games. And of course, a very special thank you to The Mallozzi Group for being such great partners in this yearly event.

Planning has already begun for next year's party. It will be even bigger and better. Be sure to join the party next year!!



Football theme designed by freerix



Experience New York City's "Real Little Italy"
 Join Us On Our Annual Bus Trip To Arthur Avenue!

4/8/17

Cost: \$40 I.A.C.C. Members / \$45 Non-Members

Location: The Italian American Community Center ~ Parking Lot
 (257 Washington Avenue Ext, Albany, NY 12205)

Time: 8:45am (Depart From Albany)/4:00pm (Depart From NYC)

RSVP: Call the Membership Office at (518) 456-4222



Family Easter Party

SATURDAY, APRIL 1ST,
 1:00 - 3:00 PM

Join us upstairs in the board room for all the fun!

EASTER CRAFTS
EASTER EGG HUNT in our GARDEN
VISIT WITH THE EASTER BUNNY
AND DON'T FORGET YOUR CAMERA!!

LIGHT REFRESHMENTS WILL BE SERVED
MEMBERS AND THEIR CHILDREN - FREE
NON-MEMBER ADULTS - \$8.00/CHILDREN 5-15 - \$5.00

Please call the office at 456-4222 with your reservations!

Women's League

Hi Ladies,

Welcome back! I hope everyone enjoyed the winter recess and is looking forward to spring, which is right around the corner.

During the break, your officers have been busy planning our meetings for the upcoming year. To begin our new year, I am hoping more women will join us at our meetings. For our first meeting in 2017, we will start off with a "new member social." Any of our women members who have joined the IACC from January, 2015 to the present are invited to this month's meeting at half price - \$10.00. When you call to reserve your dinner reservation, let us know that you are a new member. At the meeting we will acquaint everyone with the Women's League activities and charitable projects we do.

Since our March meeting is usually held around St. Patrick's Day, this month we will be embracing our "inner Irish." We will have a speaker from the Irish Heritage Museum in Albany talk to us about some Irish folklore and customs as well as, some traditional Irish recipes. I bet we are more alike in many ways.

A few reminders for your calendar: March 19th is the St. Patrick's/St. Joseph's Mass and Brunch and this year we will have Father Peter Young celebrate the mass. Saturday, April 1st is the Family Easter Party. Look for details in this month's Siamo Qui. And finally, on Sunday, April 30th is the Annual Mother/Daughter Luncheon and Fashion Show.

This month our meeting is on Wednesday, March 8th at 6:30pm. Of course we will offer the traditional corned beef and cabbage with potatoes and carrots. The second selection will be manicotti. They both will be served with salad and chocolate mousse with whipped cream for dessert. Please call or email your reservation and dinner choice to Sharon Patrei at 765-3283 or slpatrei@aol.com by Sunday March 5th. Cancellations by Monday, March 6th. Our price remains at \$20.00 and the cancellation policy remains in effect. As always, if you cannot make the dinner portion, you can always come to the meeting at about 7:15 P.M. Hope to see many of you there,

Donna Zumbo
Women's League President



CHAIR YOGA



Time:

~ 6:30pm

Cost:

~ \$50 /Full 8-Week Session - OR - \$8 /drop-in fee per single session

Dates:

~ Every Thursday From 2/23/17 - 4/13/17

Location:

~ The I.A.C.C. (257 Washington Ave Ext.)
Sala Di Nozze Room (2nd Floor)

Remember to wear loose comfortable clothing!

RSVP:

~ Please Call The Office (518-456-4222) To Reserve Your Spot Today!

Additional Details:

~ This Event Is Open To The Public!

Please Note: Payments Are Not Processed By The Office. Please Be Sure To Bring Your Payment With You.

What Is Chair Yoga?

Chair yoga is a gentle form of yoga, that is practiced sitting in a chair or standing using the chair for support. This is a great physical activity for individuals who are seeking light workouts due to physical limitations and for individuals who are currently recovering from a recent injury or surgery.

Start Spreading The News...

BEST OF THE BRONX

5/25/17

Cost: \$45 I.A.C.C. Members / \$55 Non-Members

Location: The Italian American Community Center

Time: 8:00am (Depart From Albany) / 1:05pm (Game)

Call (518) 456-4222 To Reserve Your Spot Today!

NY Yankees vs. Kansas City Royals - 1:05pm
* Post Game Dinner Stop At Little Italy On Arthur Ave. *

Finding Our Immigrant Ancestry

Genealogy research in the twenty-first century has aspects that were undreamed of even twenty years ago. One of these is the ability to post our 'pedigrees' or family trees on-line at a variety of venues, to view and even modify trees placed on line by others, and to find potential extensions to our own trees. This has led to many concerns, especially by novice researchers, about the 'sanctity' and security of information they have in their trees, and about the best way to utilize what can be a valuable but sometimes counterproductive resource.

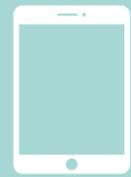
Major on-line genealogy venues like the subscription sites Ancestry.com and MyHeritage.com, and free sites like familysearch.org entice new members to immediately start 'building' family trees on-line on one of those sites. Many new researchers do so, lured by the 'hints' the sites may offer towards finding relatives, and the capability of connecting and collaborating with others researching the same families or places of origin. I believe that starting and building your family tree on-line, and making it your primary tree, is a **MAJOR MISTAKE**.

Some of these venues, such as [Ancestry](http://Ancestry.com), allow the user to designate whether a tree is 'Private', to be seen only by its creator and those specifically invited as a 'Guest', 'Contributor' or 'Editor'; or 'Public', viewable by anyone using [Ancestry](http://Ancestry.com), and added to or changed by those you designate. [Ancestry](http://Ancestry.com) can be synchronized (synched) with an off-line software program, Family Tree Maker (FTM) which can be purchased to be used to develop your tree off-line. An attractive feature is that if you also subscribe to [Ancestry](http://Ancestry.com), items in your off-line FTM tree will often show 'leaves' which, when clicked, **MAY** lead you to on-line information or documents about persons in your tree.

The free Mormon site [familysearch](http://familysearch.org) has a tree called simply 'Family Tree'. In Family Tree, any user can change almost any piece of information, regardless of whether he or she originally added it. The site warns: "*You may be concerned that other people may change your carefully researched and documented information to something less correct*"; and "*Evidence may be contradictory. Incorrect family legends are common.*"

Disagreement can arise." The stated purpose of such trees is to create ONE 'world' tree, which connects everyone. It may cite controls over incorrect or un-sourced information, but *in my view*, any 'world' tree that doesn't require strong documentation for every 'fact', or allows un-sourced changes, is questionable.

Many researchers are drawn to on-line trees and build large databases there, with family photos, documents, etc. They may have detailed, documented and sourced facts in their tree, and after devoting much time and effort, find that others (whether invited, as for [Ancestry](http://Ancestry.com), or globally welcomed, as for [familysearch](http://familysearch.org)) have modified their trees, added incorrect information, or otherwise corrupted their hard work. By then, many have invested so much in the on-line tree that they resist obtaining a computer program and building their trees off line.



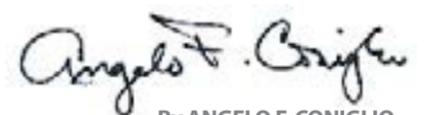
On-Line Family trees



Your primary family tree should not be on [Ancestry](http://Ancestry.com), [familysearch](http://familysearch.org) or anywhere else on line. Consider any on-line tree to be a useful but unreliable backup. Start, build, and update your tree *on your computer*, off-line, with a program like Family Tree Maker, Rootsmagic, or any of dozens of others available. Make *that* your primary tree. Back up the data from that tree often, to an external hard drive or other backup venue.

If you want to see hints or reach others for collaboration, or want others to see your tree, upload it from your primary file to [Ancestry](http://Ancestry.com), Rootsweb.com, etc., but don't assume that you 'own' the on-line tree. If you get 'leaves' or hints on-line, track them down and save the information or images on your primary, *off-line* tree. Then whether someone 'steals' or modifies your on-line tree, or the provider crashes, goes out of business, or sells your tree to another vendor, you'll still have an un-compromised tree on your computer and your secure backup devices.

I prefer to keep my photos and documents off-line and upload only data to a public tree. That way, others researching the names and places can contact me if they like, but can't use my photos in ways I don't approve of.


By ANGELO F. CONIGLIO

Coniglio is the author of the book *The Lady of the Wheel*, inspired by his Sicilian research. Order the paperback or the Kindle version at <http://bit.ly/SicilianStory>. Coniglio's web page at <http://bit.ly/AFCGen> has helpful hints on genealogical research. If you have genealogy questions, or would like him to lecture to your club or group, e-mail him at genealogytips@aol.com



Lentil Soup



Many lentil soup recipes call for some kind of meat, such as ham. I make this meatless because that's the way my family likes it and it's super healthy. Lentils are packed with protein so I don't see a need for adding more protein to the soup.

Before beginning the soup, you'll need to sort a 16 oz bag of dry lentils. There might be a few tiny stones or foreign objects, so I just empty the bag into a colander and run my fingers through them. Once you're done, rinse them under running water. They don't need to be soaked like most beans.

Next, chop approximately **1 cup of carrots, 2 stalks of celery, 1/2 of an onion, and mince 2 cloves of garlic.** Heat olive oil (2 turns of the pan) in a large soup pot and add veggies. Add **salt, black pepper, and a pinch of nutmeg** and simmer on med-high heat until the vegetables are tender. Add the **lentils, one can of stewed tomatoes, and 4 cups of vegetable or chicken broth.** Cover and bring to a boil, lower the heat and simmer for approximately 1.5 hrs or until the lentils are tender. The lentils will soak up some water as they cook, so add more water or broth if needed. Taste and add salt if needed.

This soup is perfect as is for clean eating. It's packed with protein, fiber, iron, and many nutrients. If you're craving extra carbs, enjoy this soup with a hunky slice of crusty bread.

My husband, who could live on pasta alone, enjoys this soup with small pasta shells mixed in. I boil water in a separate small pan and cook the pasta, drain and add it to his bowl of lentil soup.

For other great recipes by Nata Paglialonga go to: TheMangiaMom.com

CARNEVALE



Our 4th Annual Venetian Carnevale was a resounding success and would not have been possible without the hard work, creativity and attention to detail of fantastic volunteers like; Maria DeNitto, Mary Lou Marando, Ann Marie Lizzi, Gail Tarantino, Dino Barbato, Sharon Petrei, Donna Zumbo, and Maria and Rob Lamorte.

I want to thank all our members who attended the Foundation's fabulous Carnevale celebration. Frank Zeoli and his committee did a fantastic job in making this the Foundation's signature event of the year. Frank's enthusiasm and excitement for this annual event is overwhelming and contagious. Frank and his committee outdo themselves every year to create an atmosphere that could only be equaled if we actually went to Venice for Carnevale. A special thanks also to Maria Marchio and Theresa LaJoy for getting many of the donations for our silent auction.

Everyone in attendance had a great time and we eagerly anticipate an even bigger and better Carnevale next year.





Caring & Sharing

March Birthdays



- Melissa Antonyuk
- Jeanette Anziano
- Mark Babie
- Jaclyn Brilling
- Marie Bubonia
- Thomas Burns
- Pasqua Cafar vo
- Barbara Carroll
- Lindsay Carswel
- Pamela Colello
- Vincenza Davis
- Karmel DeStefano
- Sante DiCarlo
- Daniel Dillon
- Eric Dratler
- Karlyne Drimalas
- Colleen Edwards
- Jeremy Friel
- Andrea Goldberger
- Joseph Guastamacchia
- Neil Jennings
- Kathleen Mailloux
- Gail Marcklinger
- Mary McCarthy
- George McHugh
- Belinda Mex Moreno
- Tim Milos
- Julia Murphy
- Beth Musella
- Janet Nardolillo
- Joseph Padula
- Karen Park
- Joan Pierce
- Arnie Prindle
- Anna Ruggeri
- Kathryn Sano
- Charlie Schmoegner
- Carl Trichilo
- Daniel Wall
- Jason Wolf
- Frank Zeoli



Join The Circle of Friends!

If you have not done so yet, please make your donation today to our Circle of Friends Capital Campaign. Don't miss your chance to remember a loved one by making a dedication in their name. Please call the membership office for any questions or further details at 456-4222.

THANK YOU

Below are this month's donors to our Circle of Friends Capital Campaign for the pavilion restoration and upkeep, as of press time. This list will be updated every month. All donations are fully tax deductible.

- Frank and Caterina Mesiti
- Tracey Smith
- Susan and Barry Bredice
- Garrett Roberts
- Joseph M. Lapetina Sc.D
- Steve Kramer
- Janis and Tony Sabatino
- Izabella Martin

Members who are retired or still active employees of GE:

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IACC Foundation

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Current I.A.C.C. Membership expire Saturday, December 31st, 2016
Membership renewal starts December 15, 2016.
New enrollment begins January 3rd at the I.A.C.C. Membership office.

REMEMBER TO SPREAD THE WORDS TO YOUR FRIENDS

You may enroll by sending your invoice (with payment)
in or by calling the I.A.C.C. Membership Office at (518) 456-4222.

Cash, Checks, Credit and Debit cards are accepted.

Thank You For Being A Member.
Here's To An Amazing 2017 At The Club!



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OCTOBER 1 - 12, 2017

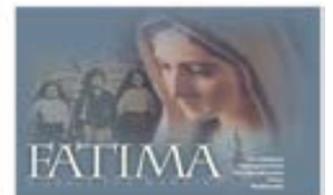
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Intermediate Italian

Spring 2017

Learn the world's most beautiful, romantic, and musical language this spring!

This 8 week class focuses on improving your conversational skills by utilizing both familiar and new phrases and vocabulary. An elementary level knowledge of Italian is required.

Class Dates: Monday 3/27/17 - 5/15/17

Class Time: 7:00-9:00pm

Cost: \$75 I.A.C.C. Members / \$85 Non-Members (Plus \$10 For Materials)

Location: The Italian American Community Center ~ 2nd Floor

(257 Washington Avenue Ext, Albany, NY 12205)

Register: Call (518) 456-4222 -OR- Visit: www.IACCFoundationAlbany.org

CLASS SIZE IS LIMITED REGISTER TODAY!



Jacqueline C. Fontaine, Associate Broker, GRI
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*conditions apply

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The Italian American Community Center

The Italian American Community Center &
I.A.C.C. Foundation Newsletter

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Address: 257 Washington Avenue Ext, Albany, NY, 12205

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EventBrite: [IACCAlbanyNY.EventBrite.com](https://www.eventbrite.com/e/IACCAlbanyNY)

FORWARDING SERVICE REQUESTED

Join The Italian American Community Center ** The Capital District's Premier Social Club **



The Italian American Community Center, founded in 1971, is an organization dedicated to serving anyone and everyone who love all things Italian!

As a member of The I.A.C.C., you receive exclusive access to a wide variety of events and activities, special discounts and promotional opportunities, along with the most up to date news about the Italian American culture and community.

(Call (518) 456-4222 To Join Today!