



June 2016

Issue 509

BEST OF THE BRONX

By: Jim Sano

Tradition and history are the best words I can use to describe the Yankees and my long-time involvement with them. My first game was a bus trip with my brother John, to see the great Mickey Mantle in 1967. The first time I saw Yankee Stadium, I fell in love with this cathedral to some of baseball's greatest moments and players. In 1968, I started spending the summers with my aunt and uncle in White Plains. They owned a dry cleaning business and many of their customers were Yankee players or season ticket holders. This allowed me to see many games gratis each year for nearly twenty years.



The first bus trip I ran was in the 10th grade with my high school pal Ed O'Brien (recently deceased News Center 6 anchorman). That trip was such a huge success, we continued to run them together for 10 years. In my first year at The Italian American Community Center, I became the Youth Activities Director. Thinking back to all of the wonderful times I had at Yankees games and on the bus trips that Ed and I organized, I thought that taking a trip to see the Yankees play would be a great activity that all could enjoy. The first I.A.C.C. Yankees bus trip, like the others I had organized, was a homerun. It is hard to imagine that I have been running these trips, uninterrupted, for over 40 years.

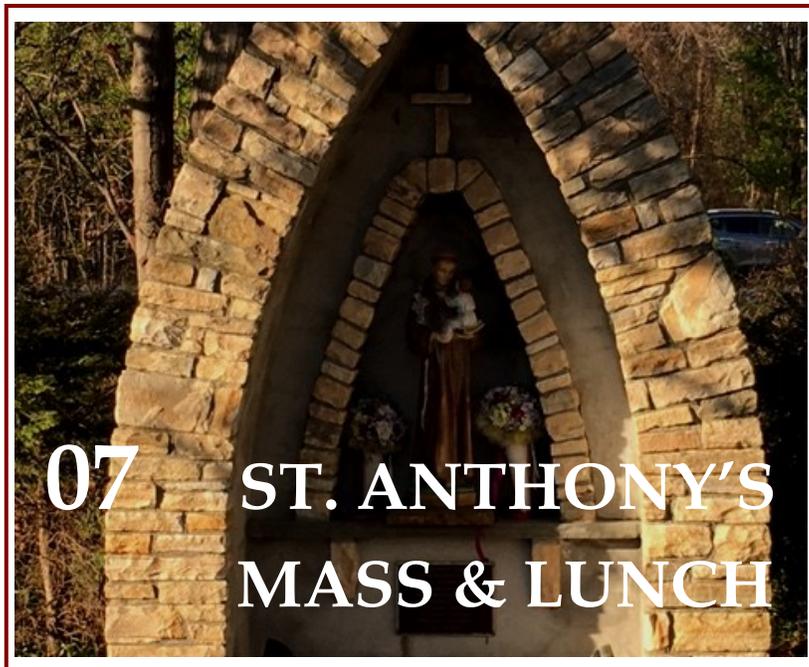
In the 1990's, The I.A.C.C. hosted sports nights that featured many amazing Yankee players. We had many Yankee greats grace us with their presence, such as: Yogi Berra, Tommy John, Chris Chambliss, and (my personal favorite) Phil Rizzuto. Rizzuto, actually was an honorary member and dined with us in the restaurant many times throughout the years. One of my dearest memories of him was when he attended a special luncheon and was able to meet some of our older members and they got to meet their generation's Italian-American Yankee superstar.

A few years back, after one of the games, we got stuck in stadium traffic for more than an hour. It was then that I thought it would be wiser to exit the backroads of the Bronx and go to Arthur Avenue, "Little Italy," for dinner and shopping before heading home. It was a grand slam and we were able to make a great day at the ball park even better. This impromptu detour proved so popular, we decided to end all I.A.C.C. Yankee bus trips with a visit to Little Italy in the Bronx (hence the name Best Of The Bronx). This detour also sparked an idea that has now become an annual, separate, day-long, Arthur Avenue, "Experience The Real Little Italy," bus trip.

The Best Of The Bronx bus trip is always a quick sellout and this year has proven to be no different. We are currently accepting reservations only for our waiting list and for next year's pre-sale list. As the popularity for this and the Arthur Avenue trip continue to grow, we are exploring the idea of expanding to two buses, for each trip, next year. If you are interested in joining us on one of our upcoming, "Best Of The Bronx," or, "Experience The Real Little Italy," bus trips, please call The I.A.C.C. Membership office today (518-456-4222) to obtain additional information.

THE BEST OF THE BRONX: YANKEES / LITTLE ITALY BUS TRIP 2016

CONTENTS



BOCCE LEAGUES

The I.A.C.C. men's and women's bocce leagues are starting back up for the season. Check out this article for more information about joining and how to play.



SUMMER FUN

There are a ton of great activities and events going on at The I.A.C.C. this summer. Check out this page for more fun activities we have coming up.

NEWS & EVENTS

04 PRESIDENT'S MESSAGE

A special message from Cain Scalzo, President of The Italian American Community Center.

18 CARING & SHARING

Special announcements and news from The Italian American Community Center.

09 RECIPE OF THE MONTH

The recipe of the month, courtesy of The Mangia Mom, is Lasagna Bolognese Soup. Learn how to cook simple, healthy and traditional Italian food.

05 EXCLUSIVE: ACTIVITIES & EVENTS ~ SOCIAL CALENDAR~

16 FINDING OUR ANCESTRY

A special feature article about resources, tips, and tricks to help you learn about your family heritage.



257 WASHINGTON AVENUE EXT.
ALBANY, NY 12205

(518) 456-4222



IACCOFFICE@ITALIANAMERICAN.COM

The Italian American Community Center Foundation

presents

Friday Nights

AT THE

PAVILION



**EVERY FRIDAY NIGHT FROM
JULY 8 - SEPTEMBER 9, 2016**

5:00PM - 8:00PM

*Eat, drink, hang-out and meet some
fantastic new people! Play Bocce, listen
to music or just have fun at this
"open-to-the-public" event!*

**257 WASHINGTON AVE. EXT.
THE I.A.C.C. PAVILION**

**DON'T
MISS IT!**

To learn more about the
Italian American Community Center Foundation,
please visit:

**www.iaccfoundationalbany.org
518.456.IACC (4222)**

257 Washington Avenue Ext. Albany, NY 12205

President's Message



June signifies the start of Summer and hopefully many long, sunny, fun filled days at The Club. Summer indicates the rollout of many of our great outdoor activities. The pool opens for the season, The I.A.C.C. Foundation's weekly Friday Nights at the Pavilion will be returning and we are looking forward to lots of great food and a fun Summer season with our friends. The Men's and the Women's Bocce leagues are already in full swing. It is never too late to join as a substitute, if you cannot play on a weekly basis.

David Quadrini and Jim Sano have been busy meeting with The Mallozzi Group to identify projects that both corporations shall equally share in the final costs. We have also prioritized areas in need of repair and improvement and established a five-year timetable to strategically plan and, more importantly, stay within our budget to see these projects through to completion. I think everyone will be very happy as we continue to upgrade, repair and improve our facilities.

You will soon notice the improvement projects we've already started. We are enhancing the front of the building by repairing the fascia across the entranceways. Upon completion, the building and grounds will have an enhanced ambiance. We have also made many much needed repairs to the pool area and our heated pool. The I.A.C.C. Foundation is also working diligently on renovating the Pasquale Tirino Pavilion. A new sewer line has already been installed and soon Jersen Construction will be installing vinyl siding outside to further enhance our aesthetic efforts. They will also be constructing new storage areas and a full access handicapped bathroom inside of the pavilion.

Please make special note that there will not be a Treviso Sunday Brunch on June 26th. This is a one-time special exception and regular Sunday brunch will resume the following week.

In closing, I would like to wish all fathers an enjoyable and happy Father's Day!


CAIN SCALZO

ITALIAN AMERICAN COMMUNITY CENTER PRESIDENT



ITALIAN AMERICAN
COMMUNITY CENTER

I.A.C.C. OFFICERS

PRESIDENT ~ CAIN SCALZO
312-2784

VICE PRESIDENT ~ JIM SANO
438-4631

TREASURER ~ JOAN WALLIS
389-6090

SECRETARY ~ SHARON PATREI
765-3283

I.A.C.C. BOARD OF DIRECTORS

VICTOR CONSIGLIO ~ 487-4769

MARIA DENITTO ~ 456-2216

PETE SCAVULLO ~ 869-8234

JOSEPHINE TIRINO ~ 466-0088

JEANNE WILSON ~ 629-0205

FRANK ZEOLI ~ 463-2106

DONNA ZUMBO ~ 452-2617

I.A.C.C. COMMITTEE CHAIRS

POOL ~ JIM SANO

FINANCE ~ JOAN WALLIS

MEMBERSHIP ~ JIM SANO

HOUSE ~ DAVID QUADRINI

BY-LAWS ~ JEANNE WILSON

GRIEVANCE ~ JEANNE SACCA

SOCIAL ACTIVITIES ~ FRANK ZEOLI

WOMEN'S LEAGUE ~ DONNA ZUMBO

MARKETING/PR ~ KATHRYN N. SANO

COLUMBUS DAY GALA ~ MARIA LAMORTE

SIAMO QUI

EDITOR ~ LYNDA SCALZO

CREATIVE DIRECTOR ~ KATHRYN N. SANO

ADVERTISING ~ DOMINIC INDELICATO



Social Calendar

JUNE 2016

- 
- 01 ~ Member Exclusive: Weekly Ladies' Poker Game 12:00pm
01 ~ Member Exclusive: Weekly Men's Poker Game 5:00pm
02 ~ I.A.C.C. In The Community: Stratton V.A. Volunteering 11:00am
02 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30pm
06 ~ Men's Weekly Bocce 6:30 – 8:30pm
07 ~ Women's Weekly Bocce 6:30 – 8:30pm
08 ~ I.A.C.C. Women's League Elections, Vote & Meeting 6:30pm
12 ~ Saint Anthony's Mass & Lunch 11:00am – 2:00pm
13 ~ Turning Stone Casino Bus Trip 7:30am – 9:00pm
13 ~ Italian For Travelers Language Class – 7:00 – 9:00pm
16 ~ 55+ Club Meeting & Luncheon 12:00pm
18 ~ Summer Swimming Season Begins 10:00am – 8:00pm
20 ~ Italian For Travelers Language Class 7:00 – 9:00pm
22 ~ Best Of The Bronx: Yankees / Little Italy Bus Trip 8:00am–9:00pm
26 ~ No Treviso Brunch Buffet

JULY 2016

- 05 ~ Women's Weekly Bocce 6:30 – 8:30pm
08 ~ Friday Nights At The Pavilion Starts 5:00 – 8:00pm
11 ~ Men's Weekly Bocce 6:30 – 8:30pm
19 ~ Lake George Lunch Cruise 11:00am – 2:00pm

AUGUST 2016

- 13 ~ Ferragosto Celebration 3:00 – 10:00pm
17 ~ Saratoga Racetrack Italian-American Day 10:30am – 6:30pm

Hot Fun In The Summertime



JUNE 13th

TURNING STONE CASINO BUS TRIP

Cost: \$19 per person

RSVP By: 6/8/16

JULY 19th

LAKE GEORGE LUNCHEON CRUISE

Cost: \$40 per person

RSVP By: 7/8/16



AUGUST 17th

ITALIAN-AMERICAN DAY

AT THE

SARATOGA RACETRACK



If you are interested in these trips please RSVP to Maria Marchio at: 438-9067

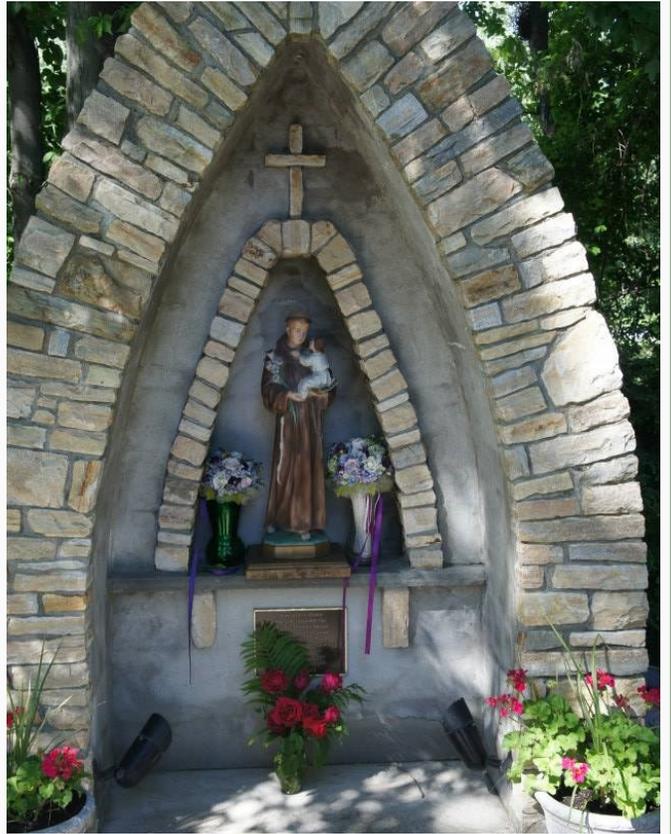
55+ Club

By: Maria Marchio

You are cordially invited to attend the 55+ Club meeting on Thursday, June 16th at 12:00pm. We will be discussing upcoming 55+ Club events and trips. We had record attendance at our last meeting and are thrilled to welcome Anna Acconi as the newest member of our committee. 55+ Club meetings are open to all members of the I.A.C.C. and we would love for more of our fellow members to join us. As always, lunch will be served and we will be meeting in the upstairs Board Room. Our next meeting will be held on June 16th at 12:00pm.

Please call Maria Marchio at 438-9067 to make reservations.

The Saint Anthony's Mass & Luncheon



Every June, members of the I.A.C.C. come together to celebrate one of Italy's most beloved saints. A plethora of attendees join us each year at this amazing event. The 2016 Saint Anthony's Mass and Luncheon will be held on Sunday, June 12th at 11:00am in the Roman Garden (weather permitting). If there's inclement weather, the Mass will be held in the pavilion. Services will be performed by Father Anthony Chiamonte.

Following The Mass, there will be a procession from The Roman Garden to the Saint Anthony's Shrine and to the pavilion for lunch. Part of the procession involves a traditional "pinning" of monetary donations to the statue.

The Saint Anthony statue will remain on display for the duration of the event. All money pinned to the statue, in honor of Saint Anthony, will be sent to an orphanage in Italy.

It is free to attend the mass and the cost to attend the luncheon is \$10.00 per person (children under 12 years of age are free). The luncheon starts at 12:30pm. The menu for this event consists of salad, pasta, meatballs, eggplant, rolls, dessert and coffee. This is a great event for all I.A.C.C. members and friends to enjoy. The Saint Anthony's feast day is a time to celebrate, revel in merriment and, naturally, mangia!



Women's League

Hello Ladies,

As many of you know, last month we had a birthday celebration for all of the female I.A.C.C. members who reached their 80th birthday. We had 15 women come and celebrate with us and all attendees had a great time. A lot of the women hadn't seen each other for a while and everyone had a ton of fun catching up with each other. We brought in some photo albums from years past and it was absolutely marvelous looking at



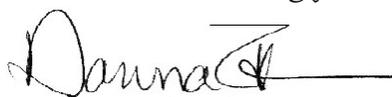
all of the pictures from Women's League events that have occurred throughout the years. Many had a chuckle when they saw their pictures and reminisced about old times. All of the pictures taken on this special evening will be added to our photo albums to continue this tradition.



This month we will be voting on changes to the Women's League's by-laws. Please try to come and continue to have a voice in our great Women's League. After we get business out of the way, we will enjoy some game time, mainly Bingo, a fan favorite!

For the June 8th meeting, the meal choices are as follows: Grilled Salmon Bruschetta, Sliced Sirloin of Beef or Pasta Primavera. We'll also have salad and gelato cake for dessert. Please call your reservations in to Gail Tarantino at: (518) 355-1316 by Sunday, June 5th. Cancellations must be made by Monday, June 6th. Please remember that our cancellation policy remains in effect. As always, the price remains \$20.00.

I look forward to seeing you all on Wednesday, June 8th at 6:30pm!


Donna Zumbo
Women's League President

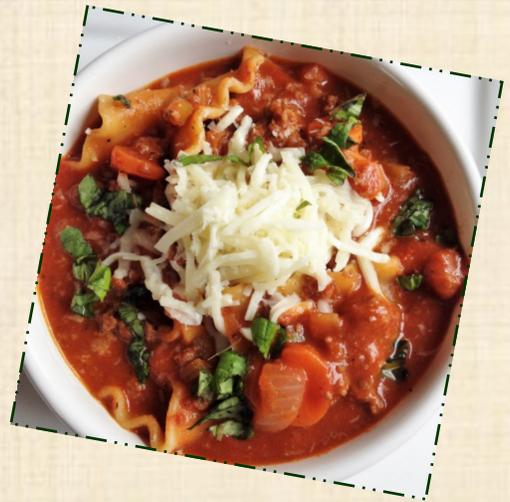


Lasagna Bolognese Soup

I often make Lasagna Bolognese for the holidays or a special occasion. It's a bit time consuming, so it's not something I'd normally make on a regular weeknight. I had the idea of incorporating all of the same ingredients into one pot and turning it into a soup. This is totally doable on a busy weeknight!

Ingredients:

- * 1 pound of ground beef (or ground turkey)
- * 1 cup of carrots, chopped small
- * 2 stalks of celery, chopped small
- * 1/2 of an onion, chopped small
- * 3 cloves of minced garlic
- * 28oz can of crushed tomatoes
- * Extra virgin olive oil (EVOO)
- * Salt
- * Black pepper
- * 1 cup of dry red wine
- * 1/2 pound of dry lasagna noodles
- * Shredded mozzarella cheese
- * Parmigiano Reggiano cheese (optional)



Instructions:

- * Heat a large pot over med-high heat, add a little EVOO (about 2 tablespoons), and brown the ground meat while breaking it apart. Season with salt and pepper.
- * Add the red wine to the meat and bring it to a boil.
- * Add the chopped carrots, celery, onion, and garlic. Simmer until the onions are soft and translucent.
- * Add the crushed tomatoes and 4 cups of water. Season with salt, black pepper, and basil. Cover and simmer on medium heat for 15 minutes.
- * Break apart by hand approximately 1/2 pound of dry lasagna noodles (about 8 noodles, break each noodle into 3 pieces). Add noodles to the pot and cook on medium heat for approximately 16 minutes or until the pasta is cooked. Stir often to prevent sticking.
- * Serve the Lasagna Bolognese Soup topped with fresh basil, mozzarella, and Parmigiano Reggiano cheese.

Buon appetito!



The Pool Pre-Opening Party



On May 21st, The I.A.C.C. hosted its first annual Pool Pre-Opening Party. The Party was created as a special event dedicated to our members and their friends and families. It proved to be a pretty momentous occasion. We had over 50 attendees, food, drinks, snacks, children’s activities and, as always, a ton of fun!

I want to thank the following individuals for their assistance in getting the pool ready and in tip top shape: Ron Richards, Isabella Martin, Steve Franke, Mike Swanson, Mike Doyle, Dave Quadrini, Carlo Ricupero, and Al Sacca. I would also like to thank the members who attended for helping make this event great. The pool season is officially underway and we are looking forward to another fantastic summer at The Club.



Thank you for a wonderful day and we look forward to seeing everyone at next year’s event!



The Game Of Throws Is Back!

Come Join In The Fun Of Playing In An I.A.C.C. Bocce League

The men's and women's bocce leagues have both started league play, but there is still time to join in the fun! All members are welcome to join either league and play every week or just drop in for a night and be a substitute player. There is no charge for members to play in any of our bocce leagues. Keep checking this page each month for updated standings to see if your favorite team is #1. Everyone, members and non-members alike, are welcome to come check out the competition and cheer on their favorite teams!

MEN'S BOCCE

The men's bocce league has grown exponentially this year and consists of a wide range of individuals who are between 30 and 80+ years of age. A local men's bocce league folded and these Italian-Americans were left with nowhere to play. Upon hearing that unfortunate news, we gladly welcomed these 20 individuals to join our men's bocce league. These additional players, along with our regular players, resulted in expanding our league to 8 teams of 5 players per squad.

The Sharks, last year's men's bocce league champions, are defending their title against the following teams: Dallas, Uranus Inter, Calabria, Sorbo, Vinny's Barber Shop, and the Desert Foxes. The men's pre-season has already started and regular league play starts on June 6th. On the first night of regular league play, we will be hosting a kick-off banquet at the Monday Night Buffet (starting at 5pm). Anyone interested in attending the kick-off banquet or playing this season should contact Jim Sano at: (518) 438-4631. This will be a very competitive and entertaining season.

WOMEN'S BOCCE

The women's bocce league began regular league play on May 10th. The reigning champs, The Divas, have some great competition this year who will definitely give them a run for their money. They're defending their title against the following teams: L'Espresso, Primadonne, Amiche, Le Dolce, Lemoncelle, Principesse, and The Bocce Bellas. If you would like to become a regular player or a substitute for the women's bocce league, please contact Maria LaMorte at: (518) 456-4800.



WE BUY & SELL

- GOLD • SILVER • PLATINUM • DIAMONDS
- Coins • Watches • New • Antique • Estate Jewelry



Visit our
ebay
Store

Roman Jewels

459-6331

TRUST US FOR THE BEST PRICE

1190 Western Avenue
Albany | Across from SUNY

Open Tuesday through
Saturdays 10 to 5
Closed Sunday & Monday



ACCREDITED
BUSINESS

www.romanjewels.com



ABOUT THE I.A.C.C. FOUNDATION

WHAT IS THE I.A.C.C. FOUNDATION?

The I.A.C.C. Foundation is a 501c3, nonprofit organization that works closely with the Italian American Community Center (I.A.C.C.). We focus on advancing, celebrating and preserving the Italian culture and heritage while helping families rediscover the great strength to be found in these traditions.

WHAT DOES THE FOUNDATION DO?

The Foundation's fundraising efforts have aided us in sponsoring numerous events and programs, such as Italian language classes, Venetian Carnevale, The Saint Patrick's and Saint Joseph's Mass, Ferragosto, and other traditional Italian celebrations and festivities. Through our many annual cultural programs and events, we are connecting a new generation of Italian Americans with traditions and an ethnicity which has been all but lost in today's world.

With your ongoing support, The Foundation can continue to do this good work for generations to come.

I.A.C.C. FOUNDATION OFFICERS

PRESIDENT ~ FRANK ZEOLI
463-2106

VICE PRESIDENT ~ ANN MARIE LIZZI
472-0224

TREASURER ~ DOMINIC INDELICATO
479-3714

SECRETARY ~ DONNA ZUMBO
452-2617

I.A.C.C. FOUNDATION BOARD OF DIRECTORS

DAVE QUADRINI ~ 438-7602

ROBERT PENNA ~ 894-8314

CHRIS HOFFMAN ~ 785-1741

GEORGE URCIUOLI ~ 373-0092

MARIO CHIARELLO ~ 437-0577

MARY LOU MARANDO ~ 482-8276

JIM SANO (I.A.C.C. REP.) ~ 438-4631

CAIN SCALZO (I.A.C.C. REP.) ~ 312-2784

CONNECT WITH THE FOUNDATION

WEBSITE:

IACCFoundationALBANY.ORG

FACEBOOK:

FACEBOOK.COM/IACCFoundationALBANY



Friday Nights At The Pavilion

By Frank Zeoli

Our popular Friday Nights At The Pavilion will begin on July 8th. Friday Nights At The Pavilion features food, drink, music, bocce, card playing and good old-fashioned mingling. These wonderful, fun-filled nights will continue every Friday from 5pm to 8pm until September 9th.

This year marks the 6th anniversary of our Friday Nights At The Pavilion event series. We started doing this event as a means to build friendships and relax as we enjoy the beautiful summer weekends. The bocce courts, pool and playground are available for some great family fun as well!

The menu for Friday Nights At The Pavilion includes: fried calamari, sausage and pepper subs, pizza, meatball subs, salads, ribbon fries, fried dough and of course Maria DeNitto's fabulous weekly surprise specials. The food is, as always, absolutely delicious!

The profits derived from these Friday evenings enables The I.A.C.C. Foundation to perform charitable works throughout the Capital District, as well as, helps maintain and improve our pavilion. If you are interested in volunteering, please contact the I.A.C.C. Membership office.

If you have not already stopped in on a Friday Night, you should definitely stop in and check it out. Friday Nights At The Pavilion is open to the public and always free to attend. Bring your friends, family, and neighbors to experience these wonderful nights.

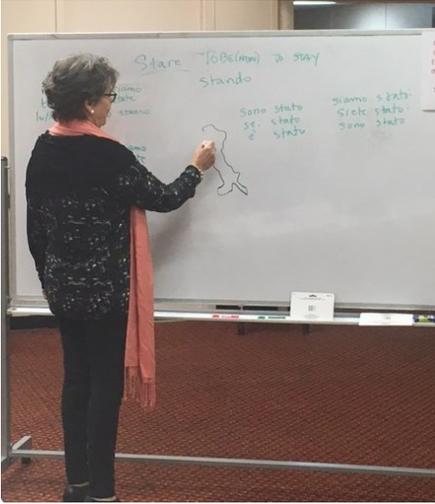
I look forward to seeing all of you this summer!



Join Us Every Friday Night For Great Fun & Food From 7/8/16 Through 9/9/16!

Italian Language Classes At The I.A.C.C.

By Frank Zeoli



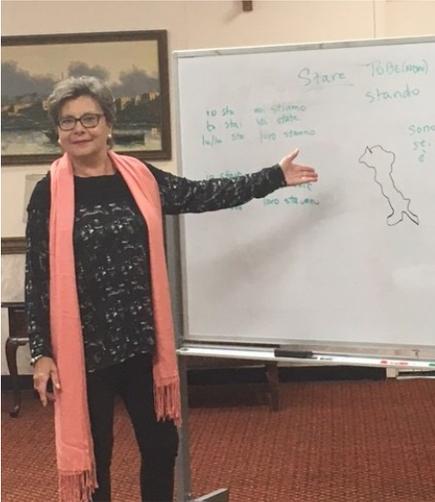
Our Italian language program supports the primary mission of The I.A.C.C. Foundation; specifically, "the promotion and dissemination of Italian culture." These sessions have caused The I.A.C.C. Foundation's language program to become one of the Capital District's premier cultural programs.

Our teacher, Maria LaMorte, is a native Italian speaker and is well versed in both teaching and tutoring Italian as a second language. Maria was born in Italy and emigrated to this country with her parents at age 5. While attending high school, she became proficient in Italian and continued those studies through undergraduate school. Upon completing her undergraduate studies, she further developed her mastery of the Italian language by attending the prestigious New York University. While attending NYU, Maria was one of the few chosen finalists to become an interpreter for the United Nations. Maria has been teaching private Italian lessons for many years and more recently was an adjunct Italian language lecturer at The College of Saint Rose.

Every year, The I.A.C.C. Foundation offers an, "Elementary Italian," class for beginners in the Fall and an, "Intermediate Italian," class in the Spring at the I.A.C.C. Each course is designed around the needs and interests of the students. Culture is an essential part of these courses and is incorporated into all lessons in order to further assist the students in deepening their knowledge of Italian history, literature, cinema, opera, art, food, travel, and much more.

A few years ago, a new class called, "Italian For Travelers," was added to the language program. This highly specialized class is a two-week Summer crash-course for people who want to learn Italian prior to traveling to Italy. This course will be offered again this year at the I.A.C.C. and will be held on June 13th and June 20th.

I would like to personally thank Maria for donating her time to help us advance our mission by providing us with another wonderful year of Italian language classes. If you don't speak Italian or would like to brush up on your language skills, be sure to enroll in one of our wonderful classes.



If you are interested in registering for any of our Italian Language classes please call the I.A.C.C. Membership office at: (518) 456-4222 for more details.

Finding Our Immigrant Ancestry by Angelo F. Coniglio

How Can DNA Results Help Our Search?

There are several DNA testing firms that cater to the general public. Most of them actively promote their services, and can be found on the internet. The “Big Four,” with the main thrusts of their services, are: *23andMe* (medical, genealogical, and personal ancestry); *Family Tree DNA* (genealogical, personal ancestry); *AncestryDNA* (genealogical, personal ancestry); and *Genographic* by *National Geographic* (population genetics research, personal ancestry). The first three charge about \$100 for a basic test, while *National Geographic* charges about \$200 for a more comprehensive test. For a detailed comparison please visit the following website: <http://bit.ly/DNATestVendorsCompared>.

The premise behind all of these tests is that humans, like all living things, have a ‘genome’ – a set of biological ‘plans’ that determine the details of our existence: hair color; eye color; body shape; susceptibility to asthma, cancer, or color blindness; the ability to procreate, etc. – the very things that make us individuals. These traits, however, have been passed down from our ancestors, via the ‘coding’ described by substances called *Deoxyribo-Nucleic Acids* – DNA. We receive some of it from one parent, some from the other. Since our *parents* had parents, they, too received some from each parent, meaning that part of *our* DNA is from our grandparents - and from our great-grandparents and our great-great-grandparents, back to the first humans.

Our DNA is contained mostly in our genes, in *chromosomes*, of which we have 23 ‘pairs’. Most of it is of a type called ‘autosomal’, contained in 22 of the 23 chromosome pairs. The 23rd pair is the one that determines our gender. In males, the pair comprises one X and one Y chromosome, and in females it has two X chromosomes. The DNA in the Y chromosome (paternal, or Y DNA) is passed only from male to male. Another key form of DNA is mitochondrial DNA (maternal, or mtDNA), which can be passed from a woman to both male and female offspring, but cannot be further passed on by male children. These characteristics mean that paternal and maternal DNA can (separately) be compared to known DNA characteristics of various ethnic and geographic groups (called haplogroups) that existed in the distant past.

Last time, I noted that one of the genealogical reasons for DNA testing includes the desire to know one’s broad ethnic or national origins. Many people are intrigued by such questions. Do they have Black, or Jewish, or Native American ancestry, etc.? While the test vendors use DNA analyses to indicate a subject’s ‘ancestry composition’ I believe many researchers put undue weight on such descriptions.

For example, my 23andMe ‘ancestry composition’ shows 87.7% European, with 75.1% Southern European and 59.9% Italian. It found less than one-tenth of one percent of my ancestry is Irish or British. Not surprising, since I have previously found by traditional ‘paper genealogy’ that most of my ancestors back to the sixth generation, in the mid 1700’s, were from one of only two towns in central Sicily. It shows 5.1% being Middle Eastern or African: intriguing, but no more surprising. The ‘small print’ says that these estimates are for one’s ancestry approximately, “500 years ago, before ocean-crossing ships and airplanes came on the scene.”

Results from other venues claim to define one's ancestry as far back as 5,000 to 50,000 years, but I feel that such 'ancestry' simply refers to stages or regions that the familial forebears passed through during the long history of mankind. I happen to believe that all mankind descended from the first humans in Africa, so if the DNA studies were all completely accurate and extended far enough back in time, everyone's 'ancestral composition' would be the same – 100% African.

Next time, I'll discuss what DNA testing can do to answer the questions I'm most interested in; those surrounding "personal ancestry."

Coniglio is the author of the book, *The Lady of the Wheel*, inspired by his Sicilian research. Order the paperback or the Kindle version at: <http://bit.ly/SicilianStory>. Visit Coniglio's web page at: <http://bit.ly/AFCGen> to gain insight into and obtain helpful hints about genealogic research. If you have any genealogy questions or would like him to lecture to your club or group, please email him at: genealogytips@aol.com.



TRAVEL AND TOURS BY ROSANNA



ToursByRosanna@gmail.com – (518) 253-4270



Rosanna Aiuppa, Owner/Travel Consultant

Travel and Tours by Rosanna is a full-service agency with years of expert planning knowledge and a passion for travel that is ready to help you realize your dream Caribbean, Domestic, or International Vacation or Cruise!

Call for individual, family, or group service and experience the difference!

Caring & Sharing

WELCOME NEW MEMBERS!

Nancy Wideman & Tom Frazier
Donna & Reinhard Welker
Luciana Caranfa
Hon. Jaclyn Brilling & Dr. Michael Horgan
Terri & Anthony Fazio
Sherri Bellucci & Betty Dodge
Lisa Audi

*Happy
Father's
Day*

HAPPY BIRTHDAY TO YOU!

Maureen Cavanagh	Jacob Nolfo
Victor Consiglio	Martha Pallotta
Christina Coppola	Eileen Papa
Les Coumbes	William Pezzula
Carol Criscione	Ronald Richards
Douglas Davis	John Ritz
Dominic DeFruscio	Kim Rucinski
Anthony DeGennaro	Nancy Sano
Arlene Deperto	Gerard Scalera
Carmela DiCarlo	Raffaele Simeone
Mary Finley	Daniel Szesnat
Jacqueline Fontaine	Angelo Tarantino
Hiedi Gentile	Gretchen VanValkenburg
John Ingemie	Joann Viglucci
Dennis Nagengast	Michael Zeoli
Marian Neil	

WELL WISHES

We would like to congratulate all of the members of The I.A.C.C. family on their high school and college graduations.

CONDOLENCES

We sadly report the loss of two of our charter members; Dominic Scovello and Louise Pellegrino. They were both very active volunteers that contributed greatly to our organization. They will be sorely missed. Our sympathies are sent to the both the Scovello and Pellegrino families.

We also mourn the loss of Angelina Anastasio, wife of charter member, Sal Anastasio. We will greatly miss Angie's smile and happy personality. Our heartfelt condolences go out to Sal and the Anastasio family.

Please contact Anna Acconi at: aacconi111@aol.com if you would like to share any special announcements in the Siamo Qui.



**Jacqueline C. Fontaine, Associate Broker, GRI
Relocation Specialist & Residential Marketing Expert**

The real estate market has had its ups and downs over the past few years and we are very happy to say that we had a significant increase in business over the prior year. This was the result of hard work and taking care of our clients and their referrals by our Awesome Team. As a way of saying "Thank You", I want to offer you a cash reward of up to \$500* when buying or selling a home.



* conditions apply

**Contact Jacquie at 518-339-0163
or by email at JacquieFontaine@gmail.com or visit
my website at www.jacquiefontaine.com**

Office Phone: (518) 356-1701

Two Locations To Serve You:

1801 Altamont Ave, Rotterdam NY 12303

1482 Route 9, Clifton Park NY 12065

**DeMarco-Stone
Funeral Home, Inc.**

Since 1921

Independent and Family Owned

www.demarcostonefuneralhome.com
demarcostone@nycap.rr.com

5216 Western Turnpike 1605 Helderberg Avenue
Guilderland, NY 12084 Rotterdam, NY 12306
356-5925 355-5770

**AEI
ARKET ELECTRIC
& GENERATOR**

Arket Electric, Inc. proudly offers a full line of Guardian®, GE®, and Briggs & Stratton® home Standby generators.

Our staff is dedicated to finding the right solution for your needs.

Call us at: 518-381-8818

PROUD SUPPORTER OF THE IACC

**Cb
CrisafulliBros.**
PLUMBING & HEATING CONTRACTORS, INC.

Free Estimates • 24 Hour Service

520 Livingston Ave. Albany, NY 12206 crisbro.com
449-1782

Diane Biernacki, GRI, CRS
Licensed Associate Real Estate Broker

RealtyUSA.com

Serving the Capital District for over 23 years. Whether selling your home or acquiring a new residence, I will meet all your real estate needs.

Office: 518-489-1000
Cell: 518-423-9576
Fax: 518-489-3507
Email: dianebiernacki@yahoo.com



Morgan Linen Service
Providing for the textile needs of your business.

Serving the Capital and Lower Hudson Valley Regions since 1887
(518) 465-3337
Visit us on the web at www.morganlinenservice.com!



The Italian American Community Center

**The Italian American Community Center &
I.A.C.C. Foundation Newsletter**

CONTACT US

Phone: (518)456-4222

Website: www.ItalianAmerican.com

Email: Membership@ItalianAmerican.com

Address: 257 Washington Avenue Ext, Albany, NY, 12205

CONNECT WITH US

Facebook: [Facebook.com/TheIACC](https://www.facebook.com/TheIACC)

Twitter: [Twitter.com/IACC_Albany_NY](https://twitter.com/IACC_Albany_NY)

Pinterest: [Pinterest.com/IACC_Albany_NY](https://www.pinterest.com/IACC_Albany_NY)

EventBrite: [IACCAlbanyNY.EventBrite.com](https://www.eventbrite.com/e/IACCAlbanyNY)

FORWARDING SERVICE REQUESTED

Join The Italian American Community Center

**** The Capital District's Premier Social Club ****



The Italian American Community Center, founded in 1971, is an organization dedicated to serving anyone and everyone who love all things Italian!

As a member of The I.A.C.C., you receive exclusive access to a wide variety of events and activities, special discounts and promotional opportunities, along with the most up to date news about the Italian American culture and community.

(Call (518) 456-4222 To Join Today!