

ISSUE 512 SEPTEMBER 2016



A passionate comedy ~ with a little drama!

MARYANN "BOOM BOOM" MAISANO Headlining

SHOWTIME 7:30 PM

September 10th

Featuring MARY DIMINO
REGINA DECICCO
GINA SCARDA

TICKETS \$35

FOOD / DRINK AVAILABLE
AT 6:00 PM FOR AN ADDITIONAL COST

FOR TICKETS CALL 518.456.4222 OR GO TO ITALIANAMERICAN.COM

ITALIAN AMERICAN COMMUNITY CENTER 257 WASHINGTON AVE. EXT ALBANY, NY If you enjoyed Blood Type Ragu, you are going to love the Italian Chicks. When these talented women hit the stage they will make you remember things you paid your shrink to forget. Don't miss out on this great event. Make your reservation today!

BENVENUTO



K-9 DEMONSTRATION WITH NEW YORK STATE TROOPER KEVIN HOULIHAN

BUONO FERRAGOSTO!





ITALIAN HERITAGE DAYAT THE SARATOGA RACETRACK

NEWS & EVENTS

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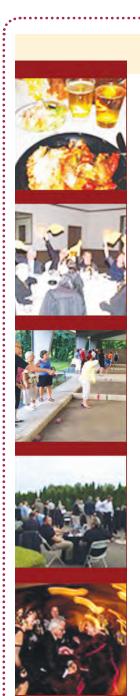
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257 Washington Avenue Ext. Albany, NY 12205 (518) 456-4222 iaccoffice@italianamerican.com

SOCIAL CALENDAR



SEPTEMBER 2016

- 01 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30pm
- 02 ~ Friday Nights At The Pavilion 5:00–8:00pm
- 05 ~ Labor Day BBQ-Pool 2:00-5:00pm
- 06 ~ Mixed Weekly Bocce 6:30-8:00pm
- 07 ~ Member Exclusive: Weekly Ladies' Poker Game 12:00pm
- 07 ~ Member Exclusive: Weekly Men's Poker Game 5:00pm
- 08 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30pm
- 09 ~ Friday Nights At The Pavilion Ends 5:00-8:00pm
- $10 \sim Italian$ Comedy Chicks-Comedy Show 6:00–10:00pm
- 13 ~ Mixed Weekly Bocce 6:30-8:00pm
- 14 ~ Member Exclusive: Weekly Ladies' Poker Game 12:00pm
- 14 ~ Member Exclusive: Weekly Men's Poker Game 5:00pm
- 14 ~ I.A.C.C.Women's League Meeting 6:30pm
- 15 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30pm
- 15 ~ Chair Yoga Begins 6:30pm
- 16 ~ Giffy's BBQ 4:00-6:00pm
- 18 ~ Pool Closes For The Season and BBQ 12:00-5:00pm
- 20 ~ Mixed Weekly Bocce 6:30-8:00pm
- 21 ~ Member Exclusive: Weekly Ladies' Poker Game 12:00pm
- 21 ~ Member Exclusive: Weekly Men's Poker Game 5:00pm
- 21 ~ I.A.C.C. Board Meeting 6:30pm
- 22 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30pm
- 22 ~ Chair Yoga 6:30pm
- 23 ~ Mixed Bowling Starts 6:00 pm at Westlawn Lanes
- 26 ~ Beginner Italian Classes Start 7:00-9:00pm
- 27 ~ Mixed Weekly Bocce 6:30-8:00pm
- 28 ~ Member Exclusive: Weekly Ladies' Poker Game 12:00pm
- 28 ~ Member Exclusive: Weekly Men's Poker Game 5:00pm
- 29 ~ Singalong 55 Plus
- 29 ~ Member Exclusive: Weekly Co-Ed Pinochle Game 6:30pm
- 29 ~ Chair Yoga 6:30pm
- 30 ~ Mixed Bowling 6:00 pm at Westlawn Lanes

OCTOBER 2016

- 10/15 ~ Columbus Day Dinner Gala 6:00-11:30pm
- 10/18 ~ Italian Day at The Villa Roma Resort
- 10/22 ~ Haloween Party 4:00-7:00 pm.



PRESIDENT'S MESSAGE

t is hard to believe that this month fall will begin and we will see another summer come to a close. This fall we have many regular, as well as special events, taking place. Please check our Social Calendar for the complete list of events.

Some of the special events will be our last two Pool Barbecues for the year. One on Labor Day and another one on September 18, the final pool day of 2016. On Saturday, September 10 we will play host to the Italian Chicks Comedy Tour. This show promises to be hilarious just like last season's Blood Type Ragu show. Please join us for a great show filled with plenty of laughs.

Our Women's League will be hosting a Giffy's BBQ on September 16th. Please see their ad in this issue and come out and support this fundraiser which allows our Women's League to continue to do the numerous charitable acts in the community.

Our weekly mixed bocce league will begin play on Tuesday evenings. This will run for seven weeks and is open to all members to walk in or sign up for all seven weeks. Our bowling leagues will also start later in the month on a new night moving from Monday to Friday nights.

Looking ahead to October, we will have our annual Halloween Party and of course our biggest gala of the year our Columbus Day Gala. Please join us on October 15 as we honor two very special men, Father Peter Young who will receive the Italian Spirit Award and Anthony Sabatino who is our 2016 Italian American of the Year.

I encourage all of our members to please support as many of these events that you can. If you have ideas for future events please forward those to our office as well. We are always looking to do new events and welcome new volunteers to make them successful.

In closing, I would ask everyone to generously respond to the Foundation's Circle of Friends Campaign. This project presents the unique opportunity to memorialize or honor a family member, friend, business or special occasion by sponsoring a plaque to be placed in the Pavilion. Your fully tax deductible donation will allow the Foundation to properly maintain the pavilion for years to come. Thank you.

Can M Sulzo

CAIN SCALZO
ITALIAN AMERICAN COMMUNITY CENTER PRESIDENT



I.A.C.C. OFFICERS

PRESIDENT ~ CAIN SCALZO
312-2784

VICE PRESIDENT ~ JIM SANO
438-4631

TREASURER ~ JOAN WALLIS
389-6090

SECRETARY ~ SHARON PATREI
765-3283

I.A.C.C. BOARD OF DIRECTORS

VICTOR CONSIGLIO ~ 487-4769 MARIA DENITTO ~ 456-2216 PETE SCAVULLO ~ 869-8234 JOSEPHINE TIRINO ~ 466-0088 JEANNE WILSON ~ 629-0205 FRANK ZEOLI ~ 463-2106 DONNA ZUMBO ~ 452-2617

I.A.C.C. COMMITTEE CHAIRS

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FINANCE ~ JOAN WALLIS

MEMBERSHIP ~ JIM SANO

HOUSE ~ DAVID QUADRINI

BY-LAWS ~ JEANNE WILSON

GRIEVANCE ~ JEANNE SACCA

SOCIAL ACTIVITIES ~ FRANK ZEOLI

WOMEN'S LEAGUE ~ DONNA ZUMBO

MARKETING/PR

COLUMBUS DAY GALA - MARIA LAMORTE

SIAMO QUI

EDITOR ~ LYNDA SCALZO

CREATIVE DIRECTOR - CATALINA ARANGO

ADVERTISING ~ DOMINIC INDELICATO

Cigars & Cognac



By: FRANK ZEOLI



On Thursday, August 18th the Italian American Community Center Foundation hosted its second annual "Cigars & Cognac" a starlight evening filled with food, cigars and cognac in our Roman Garden.

The evening included a six course tasting menu that included items such as Shrimp, Scallops, Calamari, Jumbo Crab, Poached Seabass, Steamed Littleneck Clams, Braised Pork Belly and Veal Tenderloin. Chef

Bob Ryan put together a menu that excited everyone's pallet. In addition to the tremendous food and open bar, attendees enjoyed a cognac tasting compliments of Hennessy.



Proceeds from the event went to benefit the Schenectady Ambassadors.



Italian Heritage Day

Members of our Children's Dancers perform the tarantella on Italian Heritage Day at the Saratoga Race Course Wednesday Aug. 17, 2016





55+ CLUB GREAT EVENTS

Come and join us for all of our events. These events are not just for 55+ members, they are open to all members. If you are interested, please contact Maria Marchio at 438-9067.



Our members enjoying Italian American Day at Saratoga Race Course.

NEW NIGHT

same old fun





It is that time of year again, bowling will start on Friday, September 23, 2016 at 6:00 pm at Westlawn Lanes.

The price is \$2.00 for shoes and \$3.50 per game. Anyone that is interested in joining us for a fun time of socializing please call Maria Marchio at 438-9067.

Pool News-SummerIS NOT OVER YET!

The 2016 pool season has been extended. We will be open Noon-6 pm September 9, 10 and 11, and Noon-6 pm the final weekend of September 16, 17 and 18. Don't miss our last two BBQ's at the pool, our annual Labor Day BBQ and the last day BBQ on September 18.



WE BUY & SELL

- GOLD SILVER PLATINUM DIAMONDS
- Coins Watches New Antique Estate Jewelry





By Frank Zeoli





Buono Ferragosto!

Each year the Italian American Community Center hosts its annual Ferragosto celebration to celebrate the time honored holiday in Italy which pays homage to two things; the end of the harvest and the Assumption of the Virgin Mary. This holiday is celebrated in Italy each year on August 15th.

At the IACC we too celebrate the holiday however we add something to the celebration. We celebrate our members. We take the opportunity to thank our members by putting on a free event filled with food, music, dancing and of course our signature bonfire. This year's event was attended by over 120 members and guests and even though it was hot the pavilion was filled with the sounds of music, conversation and laughter. We dined on suckling pig, eggplant, sausage and peppers, pasta, potatoes, salad, antipasti, burgers, dogs and of course Italian pastries.

The event would not be possible without countless dedicated member volunteers who planned the event, cooked and served the food, set up and cleaned up after the event. We thank them for their hard work and dedication. We would also like to recognize the generosity of the Mallozzi Family who donated the eggplant and the pastries.





Momen's League



Hi Ladies,

I just can't believe that the summer is just about over, but boy, it was a hot one! We had our August meeting in the pavilion and it was hot and humid in there. We had a wonderful demonstration with our friend, New York State Trooper Kevin Houlihan and his K-9, Mike. Trooper Houlihan gave us great insight into the training and his life with his K-9 Mike. He also showed us some of the commands for Mike and how he is well trained. Everyone there seemed to really like this demonstration!

The Women's League is sponsoring a "Giffy's Bar-B-Que" on Friday, September 16th from 4-6pm. Please pre-order your dinner by either calling the office or in person on Friday's in the Pavilion. Chicken dinner is only \$12 and even includes a drink and dessert. See the ad in this issue for complete details. Please support this fundraiser for the Women's League as we need to replenish our funds so that we can continue to provide a "free" Christmas party for children under 12 years of age.



At the September meeting, we will be bringing back an oldie but goodie—"steal-a-gift." Please bring a wrapped gift valued at \$10 for the steal. We will, once again, be meeting in the Pavilion and will be having salad, pizza and wings for dinner; ice cream and cookies for dessert. By doing this, we can keep the price down for another month, so the cost will be only \$10.00!

Please call you reservations in to Joan Wallis at 389-6090 or email her at jwallis@nycap.rr.com by Sunday, September 11th. Cancellations by Monday, September 12th. Please remember our cancellation policy remains in effect.

See you all on Wednesday, September 14th at 6:30 p.m.

Donna Zumbo

Women's League President



Finding Our Immigrant Ancestry



·····THE DNA·····

TESTING COMMUNITY

The more people who participate in genealogical DNA testing, the more potential relationships can be found. The fact that there are several venues may work at cross purposes to that goal, because you may have your DNA tested by one, while a long-lost cousin may have hers tested at another. There may be valid reasons for the choice of provider. In my case, one venue initially failed to extract enough 'genetic material' from a sample, while another had no problem doing so. One venue may offer comparison of health and medical-oriented genome characteristics, another might not. FTdna offers the option to join 'Surname Projects', in which others researching similar surnames can share information and 'wish lists'; others don't. AncestryDNA doesn't offer chromosomeby-chromosome 'mapping' graphics, others do.

GEDmatch has moredetailed graphics (chromosome mapping) of DNA segment matches than does 23andMe. Like 23andMe, it allows you to set the 'significant' length of segments to be considered (7 centiMorgans or more is generally considered as significant), but through colorcoding, it also shows shorter segments that are shared. GEDmatch allows 'one-to-one' and 'one-to-many' comparisons. The former are similar to comparisons on 23andMe, but with more detail in the graphs. The 'one-to-many' comparisons list all users who have a match of at least 7 cM, and include the length and number of matching segments, an e-mail address, the percentage of matching DNA, and the estimated number of generations to a common ancestor.



Interestingly, some 'relatives' whose DNA I compared to mine on both 23andMe and GEDmatch show minor differences in results: a matching segment being 23 cM in one and 24 cM in the other; or a segment match in three chromosomes rather than in just two. Since the 'raw data' in both cases is identical, this seems to reflect differences in the software algorithms used by each venue. So some of the error in the analyses is not just 'lab error' in extracting genetic material from my saliva, but 'computer error' in the sense that two programs analyzed the same data and produced slightly different results.

An aspect of DNA testing that I haven't addressed is the use of a subscriber-provided 'family tree'. In one way or another, most venues allow participants to enter their own family trees into the system: 23andMe has a routine wherein you start with your own name and add ancestors on-line, until the tree is as complete as you want it; GEDmatch allows uploading of a family tree data file created by an off-line program; Ancestry. DNA links to Ancestry. com trees entered in either fashion.

I had hestitated to upload my tree to a DNA testing site, for fear of 'circular logic' that would use my own research to 'prove' a DNA relationship. I have found, though, that having DNA results 'attached' to a family tree helps 'DNA relatives' to determine which ones, of possibly hundreds, of others they should attempt to contact to expand their knowledge of family.

By ANGELO F. CONIGLIO

Coniglio is the author of the book The Lady of the Wheel, inspired by his Sicilian research. Order the paperback or the Kindle version at http://bit.ly/ SicilianStory . Coniglio's web page at http://bit.ly/AFCGen has helpul hints on genealogic research. If you have genealogy questions, or would like him to lecture to your club or group, e-mail him at genealogytips@aol.com



Flu, Pneumonia & Shingles Clinic!

Protect yourself and get vaccinated. The I.A.C.C. in cooperation with Market 32 Pharmacists will be administering vaccinations to help you stay healthy. Come to the scheduled immunization clinic 10/13/2016 from 10-4 at The Italian American Community Center.

Pharmacists can administer any of the following vaccines at the clinic. Just sign up ahead of time. For all shots, you must call our membership office at 456-4222 to register.

Everyone must pre register and bring their insurance cards with them.



Flu

- The flu virus can cause symptoms such as fever, cough, sore throat, aches and fatigue.
- The CDC recommends that everyone over 6 months of age to be vaccinated.
- People older than 65, pregnant or that have diabetes or asthma are especially important to vaccinate.
- Price Chopper carries the quadrivalent vac cine, which provides protection against four strains of the flu, instead of just three.
- We also offer a High Dose shot that offers bet ter protection for seniors.
- It is not too late to get your flu shot! Flu season typically peaks in January or February.

Zostavax (Shingles Vaccine)

- Shingles can cause a rash and other symptoms such as fever, head ache, chills, and most often, pain.
- Symptoms can last from 2 to 4 weeks.
- The Zostavax vaccine can protect you from shingles, and is indicated for people over 50.

Pneumonia

- Pneumonia is an infection in the lungs that can cause symptoms such as cough, fever, and difficulty breathing.
- There are two pneumonia vaccinations and Market 32
 Pharmacists can review your history to determine which is right for you.
- The Pneumonia vaccine is important if you are over 65 years old or have diabetes, asthma, or are a smoker.
- Even if you have received a pneumonia vaccine in the past, you may need a second pneumonia vaccine.









David Laurenzo Pharmacy Manager Market32 Pharmacy #028 2080 Western Avenue Guilderland, NY 12084 (518) 456-5115



Beginner Italian

Learn the world's most beautiful, romantic, and musical language this fall!

An 8 week course for beginners and those who wish to refresh their skills. Learn the basics from numbers and telling time to simple greetings and conversation.

Class Dates: Mondays Starting 9/26/16 & Ending 11/14/16

Class Time: 7:00-9:00pm

Cost: \$75 I.A.C.C. Members / \$85 Non-Members (Plus \$15 For Materials)

<u>Location:</u> The Italian American Community Center ~ 2nd Floor

(257 Washington Avenue Ext, Albany, NY 12205)

Register: Call (518) 456-4222 -OR- Visit: www.IACCFoundationAlbany.org

CLASS SIZE IS LIMITED REGISTER TODAY!



2016 Women's Bocce League Champions

Congratulations to the Principesse Team of Rachel Cameron, Gail Tarantino and Donna Zumbo. They had an outstanding season of 23 wins, 5 losses to capture the 2016 Women's Bocce League Championship.





2016 Men's Bocce League Champions

Congratulations to the Uranus Team of Kirt King, Charlie Apkarian, Chris Wilkes and (missing from photo) Captain Fiore Scialdone and Steve Fillipone. They won both the regular season and tournament competitions to become the 2016 Men's Bocce League Champions.

Fall Mixed Bocce Tuesdays at 6:30 Through October 11. Open to all.

WELCOME new members

ANTHONY & LISA GIZZI
SUSAN & BARRY BREDICE
SALVATORE CURRENTI
REBECCA & SCOTT GRANT
MONICA & MICHAEL BUCKLEY
LOUANN DEVITO CLEARY
JOSEPH & LINDA SANO
ALFRED & ELIZABETH FARGIONE
LORI METALLO- HOTALING

CIRCLE OF FRIENDS

If you have not done so yet, please make your donation today to our Circle of Friends Capital Campaign.



Don't miss your chance to remember a loved one

by making a dedication in their name, to be place in our pavilion. Please call the membership office for any questions or further details at 456-4222.

Columbus Day Grand Gala Dinner Dance

Saturday, October 15

6:00 P.M. Cocktails • 7:00 P.M. Dinner

8:30 to 11:30 P.M. ~ Dance to the music of TS Ensemble

IACC Members: \$50 pp. Non-Members: \$55 pp.

~Black Tie Optional~

Honorees:

Italian Spirit Award-Fr. Peter Young
Italian American of the Year-Tony Sabatino

*Special Guest Singer-Renown International Italian recording artist "ALFIO"

For Reservations Call Our Membership Office at 518-456-4222



"Stop in for a Spell"

Halloween Costume Party,

Saturday, October 22th

4 PM - 7 PM

IACC Pavilion

Adults \$10 Children under 12 free

Fly in for a good time!

Young & old are welcome

RSVP by October 15

And To Volunteer Call

IACC Office 456-4222

Election of Board Members

According to our By-Laws, election to the Board of Directors will be held in November. Five seats will be president, may be elected to serve available for a 3-year term. Please contact the Membership office as soon as possible.

If you are interested in applying for one of these vacancies and can satisfy all of the following requisites, please submit your brief resume to the IACC Office.

IACC By-Laws state that "each candidate for director shall satisfy the following requisites:

- Be at least 21 years of age
- · Be a United States Citizen
- · Be a voting member of the corporation in good standing
- · Have at least one year as a member immediately preceding the election
- · Never have been convicted of a felony
- Not be a full-time employee of the IACC

No director, including the past two consecutive terms.



Directors shall not be eligible for re-election or appointment to the board for one year after they complete their term on the board.

Husbands and wives may not serve on the Board of Directors simultaneously."

If you have questions about the duties of being a Board member, feel free to contact Jim Sano at 438-4631or jsano15@aol.com.

> The election will be held at the General Membership Meeting on Sunday, November 13 at 12:30 P.M.

CHAIR YOGA



Time:

~ 6:30pm

Cost:

~ \$8/Class - OR - \$60/Full 10-Week Session

Dates:

~ Every Thursday From 9/15/16 - 11/17/16

Location:

~ The I.A.C.C. (257 Washington Ave Ext.) Sala Di Nozze Room (2nd Floor)

RSVP:

~ Please Call The Office (518-456-4222) To Reserve Your Spot Today!

Additional Details:

~ This Event Is Open To The Public!

Please Note: Payments Are Not Processed By The Office. Please Be Sure To Bring Your Payment With You.

What Is Chair Yoga?

Chair yoga is a gentle form of yoga, that is practiced sitting in a chair or standing using the chair for support. This is a great physical activity for individuals who are seeking light workouts due to physical limitations and for individuals who are currently recovering from a recent injury or surgery.



CARING & SHARING

SEPTEMBER BIRTHDAYS

HAPPY

- Rosanna Aiuppa
- John Articolo
- Adrienne Bonilla
- Monica Buckley
- Mario Chiarello
- Andrew Chouffi
- Lea Collins
- Christine Di Ionna
- Carlo Figliomeni
- William Fluty
- Michael Franchini

- Rose Marie
 Guastamacchia
- Marc Gutchell
- Kathy Hart
- Sue Herlands
- Margaret Kirwin
- · Ligia Luccese
- · Michael Macri
- Nick Mancini
- Maria Marchio
- · Frank Mesiti
- Kristen Padilla

- Francesco Pecoraro
- Salvatore Ravida
- Diane Riley
- Jeanne Sacca
- Jim Sano
- · Ralph Savage
- Rick Shmaruk
- Tracy Sinnott
- Janice Stankus
- Arlene Tobia
- · Linda Zeoli
- Zoey Knapik



CONDOLENCES

It is with great sadness we announce the passing of long time member Daniel Lawlor. Please keep Dan's family and friends in your thoughts and prayers.



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Accompanied by Father Anthony Chiaramonte
OCTOBER 1 – 12, 2017



ALL INCLUSIVE

Per person price \$3595 based on double occupancy Single traveler please add \$581.





Round Trip Airfare from JFK, Meeting & Assistance Upon Arrival In Madrid, Escorted Tour 12 Days/10 Nights At 4-Star Hotels, All Hotel Taxes: 2 Nights Madrid, 2 Nights Fatima, 1 Night Santiago de Compostela, 1 Night Burgos, 2 Nights Lourdes, and 2 Nights Barcelona, 20 Meals (10 Buffet Breakfasts & 10 dinners), Extensive Sightseeing: Madrid, Fatima, Avila, Lisbon, Braga, Santiago de Compostela, Burgos, San Ignacio de Loyola, San Sebastian, Lourdes, Carcassonne

billiudy meme: Desgred by Fleepi

IMPORTANT INFORMATION TO CONSIDER

By: CAIN SCALZO I.A.C.C. PRESIDENT

I work for the New York State Office for the Aging and I want to share some valuable information with our members. If you are recovering from a disability, or need continuous support, I urge you to contact your County Office for the Aging.

The New York State Office for the Aging's (NYSOFA's) home and community-based programs provide older persons access to a well-planned, coordinated package of in-home and other supportive services designed to support and supplement informal care. The NYSOFA's overall goal is to improve access to, and availability of appropriate and cost-effective nonmedical support services for older individuals to maximize their ability to age in their community and avoid higher levels of care and publicly financed care. NYSOFA achieves this through our network of 59 local Offices for the Aging.

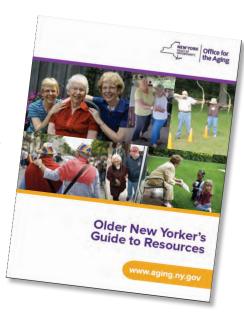
There is a local office for the aging in every county in New York State (New York City has one office that covers all 5 boroughs). The dedicated people who work at your local office for the aging have the training, experience and local knowledge to help you access a variety of services and benefits, or can direct you to the appropriate agency or organization for help.

They can help you understand the myriad of community-based support services that can help you, or a family member maintain their independence. A local office for the aging can assist you in applying for and receiving benefits such as in-home supports as well as support to family, friends, and neighbors who may be providing assistance to older adults.



These services are free and are never based on a person's finances.

Other services are also available, such as heating assistance and help purchasing food, assisting you in understanding your health insurance (including Medicare and Medicaid) and gaining access to legal services and supports for planning in advance (health care proxy, wills, estate planning). They can link you to congregate and home-delivered meals, nutrition counseling, employment and volunteer opportunities, senior centers, transportation, and much more.



These services are free to all individuals 60 years old and above. They can be accessed by calling your local County Office for the Aging (see listing at the bottom of the page) or you can contact the State NY Connects program.

If you dial 800-342-9871, you will be connected to a live and local agent who can walk you through all the programs that may need.

Albany County: (518) 447-7198
Columbia County: (518) 828-4258
Green County: (518) 719-3555
Rensselaer County: (518) 270-2730
Saratoga County: (518) 884-4100
Schenectady County: (518) 382-8481
Schoharie County: (518) 295-2001

Aging Booklets with information on programs and services for older New Yorkers are available in the I.A.C.C. office.



Dr. Pepper BBQ Pulled Chicken



When it's done cooking, shred the chicken apart with two forks right in the slow cooker. Mix well and add more BBO sauce if desired.

On a soft roll, top the Dr. Pepper BBQ Pulled Chicken with cole slaw and french fried onions. So good!

Buon appetito! For other great recipes by Nata Paglialonga go to: TheMangiaMom.com

eptember is all about back to school, fall, and football! All of those things combined put my crock pot in a great deal of use. The weather will soon start to cool down and the days will become busier with the kids having homework and after school activities. Nothing is better than coming home to a meal that's ready to eat and your entire home smelling amazing!

One of my favorite fall slow cooker meals is this Dr. Pepper BBQ Pulled Chicken. All you need is chicken breast, a can of Dr. Pepper, and a bottle of Sweet Baby Ray's BBQ sauce. That's it! The best part is that you can just throw it all together in a slow cooker and forget about it!

Put 2-3 lbs of boneless skinless chicken breast in a slow cooker. Pour 12 oz of Dr. Pepper soda and half of a bottle of Sweet Baby Ray's BBQ sauce over the chicken. Slow cook on high for 4 hours or low for 8 hours.



ABOUT THE I.A.C.C. FOUNDATION

WHAT IS THE I.A.C.C. FOUNDATION?

The I.A.C.C Foundation is a 501c3, nonprofit organization that works closely with the Italian American Community Center (I.A.C.C). We focus on advancing, celebrating and preserving the Italian culture and heritage while helping families rediscover the great strength to be found in these traditions.

WHAT DOES THE FOUNDATION DO?

The Foundation's fundraising efforts have aided us in sponsoring numerous events and programs, such as Italian language classes, Venetian Carnevale, The Saint Patrick's and Saint Joseph's Mass, Ferragosto, and other traditional Italian celebrations and festivities. Through our many annual cultural programs and events, we are connecting a new generation of Italian Americans with traditions and an ethnicity which has been all but lost in today's world.

With your ongoing support, The Foundation can continue to do this good work for generations to come.

I.A.C.C. FOUNDATION OFFICERS

PRESIDENT ~ FRANK ZEOLI
463-2106
VICE PRESIDENT ~ ANN MARIE LIZZI
472--0224
TREASURER ~ DOMINIC INDELICATO
479-3714
SECRETARY ~ DONNA ZUMBO
452-2617

I.A.C.C. FOUNDATION BOARD OF DIRECTORS

Dave Quadrini ~ 438-7602 Robert Penna ~ 894-8314 Chris Hoffman ~ 785-1741 George Urciuoli ~ 373-0092 Mario Chiarello ~ 437-0577 Mary Lou Marando ~ 482-8276 Jim Sano (I.A.C.C. Rep.) ~ 438-4631 Cain Scalzo (I.A.C.C. Rep.) ~ 312-2784

CONNECT WITH THE FOUNDATION

WEBSITE:

IACCFOUNDATIONALBANY.ORG

FACEBOOK:

FACEBOOK.COM/IACCFOUNDATIONALBANY





Sundays in Albany are a little bit more delicious! The Italian American Community Center of Albany and the talented chefs at Treviso offer a Sunday brunch extravaganza. Executive Chef Ryan Huneau's menu features a chef's carving station, fresh Belgian Waffles, warm doughnuts, continental breakfast pastries, warm muffins, omelet station and much, much more.

Brunch runs from 10:30 A.M. - 1:30 P.M.
Treviso is located at 257 Washington Avenue Extension.
For more information please call the Treviso office at 518-456-0292
* Maximum Discount of 12 People Per Reservation.



Jacqueline C. Fontaine, Associate Broker, GRI Relocation Specialist & Residential Marketing Expert

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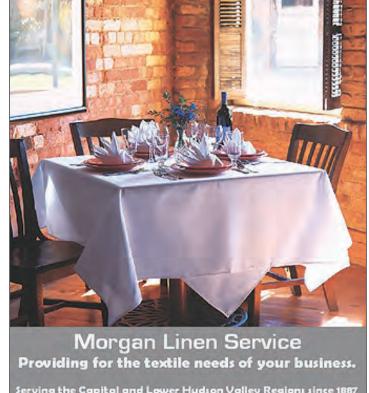
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September 16, 2016

4:00pm-6:00pm

Italian American Community Center

257 Washington Ave. Extension, Albany, NY. 12205

Pre-Sale Only

1/2 Chicken Dinner-\$12.00

1/2 Baby Back Ribs-\$18.00

ALL DINNERS INCLUDE BAKED POTATO, COLESLAW, ROLL/BUTTER, COOKIE AND BEVERAGE

For information and tickets call (518) 456-4222

OR

Purchase In Person Friday Nights 4:00 to 8:00pm at our Pavilion



The Italian American Community Center

The Italian American Community Center & I.A.C.C. Foundation Newsletter

CONTACT US

Phone: (518)456-4222

Website: www.ItalianAmerican.com

Email: Membership@ItalianAmerican.com

Address: 257 Washington Avenue Ext, Albany, NY, 12205

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