



"WE ARE HERE"

Siamo Qui

ISSUE 593

JULY 2023

★ ★ ★ HAPPY ★ ★ ★
INDEPENDENCE DAY





HAPPY 4TH OF JULY

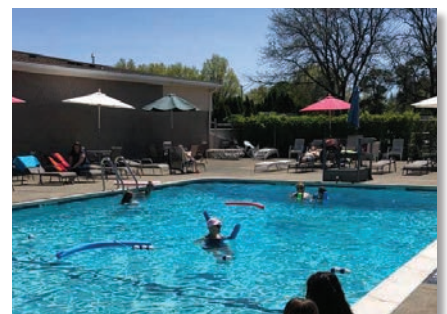
NEWS & EVENTS

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SOCIAL CALENDAR



- 7/03~ At The I.A.C.C. Pool: Early Morning Lap Swimming**
M-F-7:30 am-9:30 am
- 7/03~ Men's Bocce League - 6:30 pm**
- 7/04~ Independence Day / 4th of July BBQ At The Pool- 12:00 pm**
- 7/05~ Women's Bocce League - 6:30 pm**
- 7/07~ Friday Nights At The Pavilion**
(Special: Lasagna, Meat & Meatless \$12) 5pm-8pm
- 7/10~ Men's Bocce League - 6:30 pm**
- 7/11~ Women's Bocce League - 6:30 pm**
- 7/12~ Women's League Meeting Pool Area (Water Aerobics) - 6:00 pm**
- 7/14~ Friday Nights At The Pavilion**
(Special: Cavatelli with Broccoli \$12) 5pm-8pm
- 7/17~ Men's Bocce League - 6:30 pm**
- 7/18~ Women's Bocce League - 6:30 pm**
- 7/21~ Friday Nights At The Pavilion**
(Special: Chicken Parm with Pasta \$15) 5pm-8pm
- 7/24~ Men's Bocce League - 6:30 pm**
- 7/25~ Women's Bocce League - 6:30 pm**
- 7/28~ Friday Nights At The Pavilion**
(Special: Linguine with White Clam Sauce \$15) 5pm-8pm



Upcoming Events :

8/12 ~ 2:00pm, Bonfire @ 8:00 pm

Ferragosto 2023



PRESIDENT'S MESSAGE



The Italian American Community Center is the place to be during the summer months. Whether you are swimming in the pool, playing bocce in a league or enjoying a fried dough on Friday nights in our pavilion, there is something for everyone.

I would like to thank everyone who attended our annual St. Anthony's Mass and Luncheon. This event is a long-standing tradition that dates back to the days of St. Anthony's Church in downtown Albany, and I am proud that the IACC is able to continue the tradition and pass it on to a new generation of Italian Americans.

On August 12th we will hold our annual **Ferragosto**, a family event celebrating the most important day of summer in Italy. This event also serves as our annual IACC Member Picnic and is free for all members. Guests of members are welcome to attend for \$20. There is music, food, dessert and, of course, our famous bonfire at dusk.

As I have reported in the past, the Sheas have committed to renovate the first floor of our club. This includes the ballroom, bathrooms, and hallways. I am excited to report they have started renovations and are on track to finish by mid-September.

I know it's natural to feel curious and want to catch a glimpse or explore the ongoing work being done. However, we kindly request that you refrain from doing so. To ensure the safety of everyone, please observe and adhere to the signs, barricades, and instructions provided by authorized personnel. These measures are in place to maintain a secure work environment and prevent accidents. On behalf of the Board of Directors, I thank you for your cooperation in respecting the rules and staying out of restricted areas.

The summer is off to a great start, and I hope to see you all on Friday nights at the pavilion or at one of our many activities here at the IACC.

Ciao,

FRANK ZEOLI
ITALIAN AMERICAN COMMUNITY CENTER
PRESIDENT



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THERESA LAJOY- OFFICE MANAGER

PHONE # (518) 456-4222

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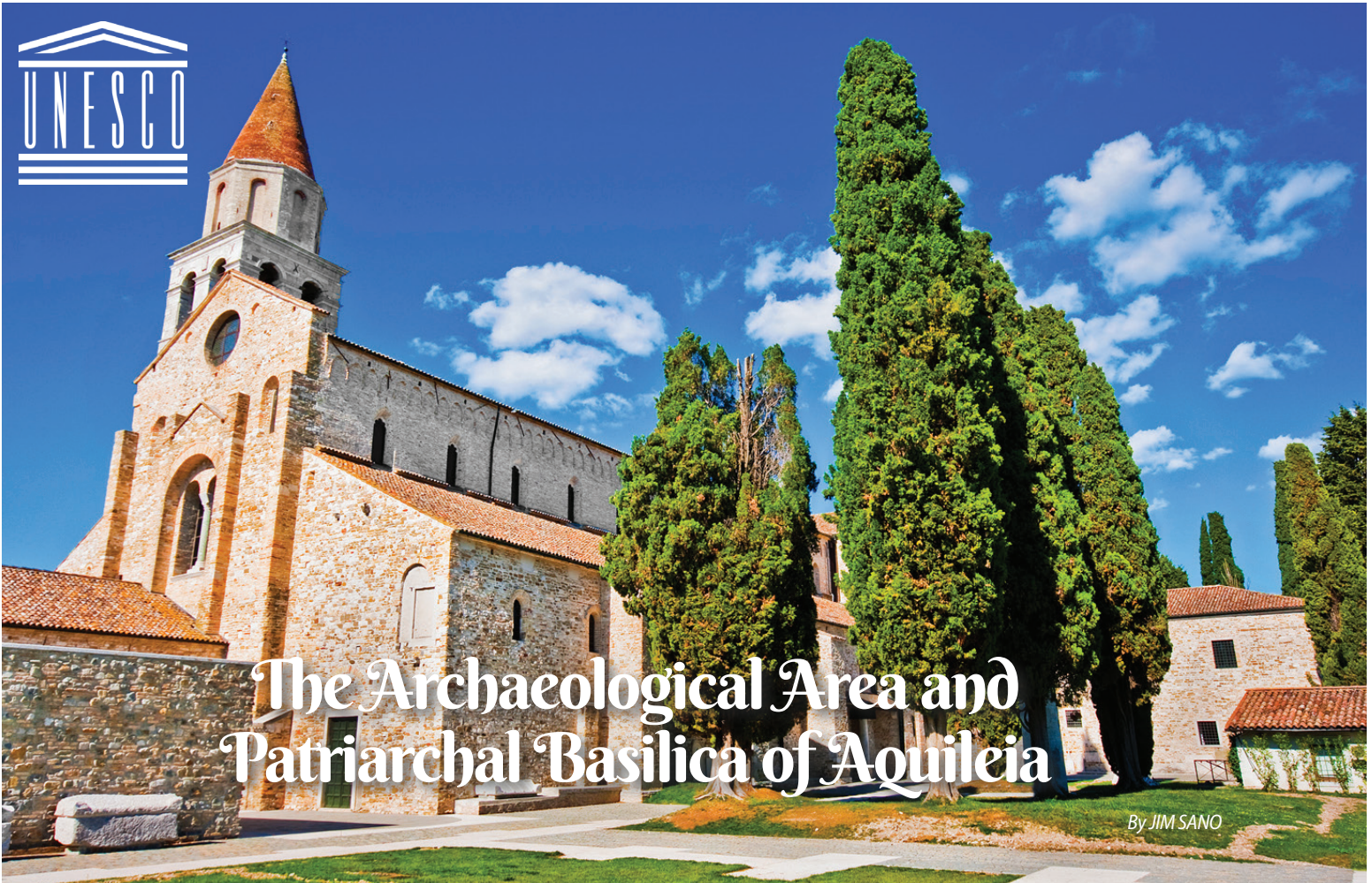
COME TO OUR ANNUAL

4TH
of
July

POOL PARTY *BBQ*



Grilling from 12:00 to 3:00 pm. Please bring a covered dish to share.



The Archaeological Area and Patriarchal Basilica of Aquileia

By JIM SANO

The Archaeological Area and Patriarchal Basilica of Aquileia is a UNESCO World Heritage Site in northeastern Italy, near the Adriatic coast, 90 km from Venice. The site encompasses the remains of the ancient Roman city of Aquileia and the significant 4th century AD early Christian church, the Patriarchal Basilica. This designation highlights the exceptional universal value of the well-preserved remains, including the intact Basilica adorned with intricate mosaics and frescoes, and Aquileia's historical and cultural significance as a wealthy city in the Roman Empire and a major center for the spread of Christianity in Europe. In addition, the Basilica was the headquarters of the influential Patriarch of Aquileia.

HISTORY OF AQUILEIA

Aquileia was founded in 181 BC by Marcus Aemilius Lepidus, a Roman consul. As a military city with an army of 3,500 soldiers, it grew into a bustling commercial center thanks to its location near a river port. The city played a vital role as a center of trade and commerce in the Roman Empire and was one of the largest cities in the world. By the 1st century AD, Aquileia had a population of around 180,000, making it the fourth-largest city of the Roman Empire in Italy. It was a hub of wealth, culture, and military power in northeastern Europe during the Roman Empire. Due to its strategic location at the crossroads of major roads, Aquileia acted as a gateway to the northern and eastern

regions of the Empire and played a significant role in spreading cultural ideas and practices.

Despite its size and importance, it suffered several barbarian invasions, including King Alaric and the Visigoths in 401 AD and, ultimately, the Huns in 452 AD which destroyed the city and caused its residents to move away. The only surviving structure from this time is the Basilica, which remains a symbol of the city's Christian heritage. Aquileia's political and economic influence declined with the Lombards' invasion of Italy and their conquest of the Venetian mainland in 568. King Alboin of the Lombards annexed the city to the Duchy of Friuli and moved the capital to nearby Cividale, leading to



Basilica of Aquileia



the abandonment of Aquileia. However, the town was revitalized through its religious significance with the support of Charlemagne and the Holy Roman Empire. In 1077, Henry IV granted independence to the "Friuli State" with Patriarch Sigard as its head. The patriarchs held temporal power for three centuries until 1420 when Aquileia was absorbed into the Republic of Venice. In 1445, it became part of Austria and was later annexed to Italy after the First World War, following centuries under the Austrian Empire.

One of the factors of Aquileia being granted UNESCO World Heritage Site status was its significance as an archaeological reserve. In the 19th century, the site was rediscovered, and excavations revealed valuable insights into the city's history and inhabitants. The largely intact remains of the early Roman town, including a Roman forum, burial ground, and houses, have been excavated.

THE PATRIARCHAL BASILICA OF AQUILEIA

The Patriarchal Basilica of Aquileia was founded in 314 AD following the issuance of the Milan Edict by Emperor Constantine, which aimed to put an end to religious persecution. Bishop Teodoro was instrumental in establishing the church as a place of worship and education in the early-Christian period and played a vital role in the spread of Christianity into Central Europe in the early Middle Ages.

The initial design of the Basilica consisted of two rooms, one in the south for catechism and the other in the north for religious ceremonies, linked by a corridor acting as a junction room showcasing the magnificent mosaic floor. The bishop envisioned the corridor as a journey of faith that would guide catechumens to the dedication and understanding of the Christian religion.

Over time, the Basilica underwent several transformations. It was destroyed and rebuilt four times, with new structures added onto the old. As a result, the current appearance of the Basilica differs from its original design.

The Basilica of Aquileia has a 37 x 20m mosaic floor, the largest in the Western Latin world. It was initially created in the 4th century, rebuilt in Romanesque style in the 11th century, later embellished in Gothic style and rediscovered in 1909. Its collection of mosaics is considered one of the largest and best-preserved in the Christian world, depicting scenes from the Old Testament, cultural representations, and portraits of significant figures. The floor is adorned with symbolic figures and allegorical scenes, including the story of Jonah and the Whale with 153 different fishes symbolizing the 153 known countries at the time, and the Good Shepherd attracting various animals representing people of other tongues and cultures who follow God's word. The Roman era's use of mosaics as symbols of wealth and power in homes and as tools for religious storytelling continues to influence the art world.



The Saint Sepulchre



Bell Tower



The Frescos Crypt

The Basilica also has many vibrant Byzantine frescoes and provides insight into the religious life of the time, including the integration of pagan symbols, through its detailed imagery. For example, the apse of the Patriarchal Basilica features a grand fresco of the Virgin Mary and Child on the Throne. Patriarch Poppone commissioned it in 1031. He wanted the Basilica of Aquileia to serve and be dedicated as the Mother Church of the Patriarchate. The Madonna is surrounded by local symbols of the Christian faith, including St. Mark the Evangelist and the martyred saints, Fortunato and Ermacora.

THE FRESCOS CRYPT OF AQUILEIA BASILICA

We find the apse's saints again inside the Fresco's Crypt. The architectural building is from the 9th century, while the frescos are from the 12th century. It represents 19 scenarios that tell the origins of Christianity in Aquileia and the lives of saints, Ermacora, and Fortunato.

Depicted is when St. Mark, sent by St. Peter, arrived in Aquileia to evangelize the city. He was so impressed by the strong faith of Ermacora that he decided to bring him to Rome to be ordained a bishop. When Ermacora went back to Aquileia as bishop, he nominated Fortunato as his deacon, and together, they evangelized the city and the surrounding area. Their story would have a tragic epilogue ending with their martyrdom.

THE SAINT SEPULCHER/CRYPT OF THE RUINS

Before leaving Aquileia Basilica, we find the Saint Sepulcher. Made in the 11th century, it is a copy of Christ's tomb which is preserved in Anástasis Church in Jerusalem. This area also contains the Crypt of the Ruins, the underground archaeological site that surrounds the bell tower. Here, you can see archaeological ruins of four different periods, while on the lower level are preserved mosaics from a 5th-century BC Roman house.



Early Christian Museum

BAPTISTERY AND BELLTOWER

The baptistery is the building opposite the Basilica's entry. It has a christening font in hexagonal shape in the center, with six columns on the sides that supported a cover that does not exist anymore. The bell tower was originally 10 meters tall and was built in the first half of the 11th century by Patriarch Poppone. It was later raised to its current height of 73 meters in the 14th century.

The site also includes a second basilica, which houses the Paleo Christian Museum (the main archaeological museum in Northern Italy) and another remarkable floor mosaic. The floor mosaics represent early Christianity's most ancient and extraordinary art form expressions.

The Archaeological Area and Patriarchal Basilica of Aquileia are now popular tourist spots offering educational and cultural experiences for visitors. The well-preserved site is open to the public. It features many original structures, such as the Roman forum, amphitheater, public baths, Patriarchal Basilica, and stunning mosaics and frescoes. Visitors can immerse themselves in the ancient city's rich history and gain a unique understanding of the Roman Empire and early Christianity. □



Roman Forum



River Port

St. Anthony of Padua



On Sunday, June 11th, we held our annual St. Anthony's Mass and Luncheon. This event is a long-standing tradition that dates back to the days of St. Anthony's Church in downtown Albany. This year's mass was dedicated to Father Anthony Chiamonte, who we lost last year. He proudly celebrated our St. Anthony's mass for decades, and our members would look forward

to his homily, where he would speak about St. Anthony and how we could learn from his example. We want to thank Father John Yanas for taking time from his busy schedule to be our celebrant this year. Following the mass, attendees were treated to an authentic Sunday dinner with pasta, meatballs, sausage, eggplant, salad, and dessert.



LA VITA SOCIALE

We invite you to join us on September 13, 2023, for an exciting day trip filled with culinary delights at the renowned Culinary Institute of America in Hyde Park, NY. For just \$15, the CIA offers admission to a wealth of culinary knowledge and immersive exhibits. Witness aspiring chefs honing their skills as you immerse yourself in the culinary arts. Grab lunch at one of three exceptional options. Ristorante Caterina de Medici offers authentic regional Italian cuisine, expertly crafted to transport your taste buds to Italy. American Bounty Restaurant offers contemporary and traditional regional dishes prepared with flavorful finesse. The Bocese Restaurant provides a strikingly contemporary French dining experience, with elegant and artistic dishes prepared with a modern twist. Lunch prices range from \$20 to \$35, ensuring a wide selection for various preferences and budgets. No matter which restaurant you choose, you can be assured of an exceptional dining experience that will tantalize your taste buds and leave you with unforgettable memories. Join us at the Culinary Institute of America for a day of culinary exploration and enjoyment.



We will carpool to the CIA and meet in the IACC parking lot at 9:30 AM. Anyone interested in going, please call Maria Marchio at 518-438-9067 by July 10th, 2023. A \$15(non-refundable) deposit is required to hold your spot. This trip is open to all members.

❖ PAVILION RENTAL ❖



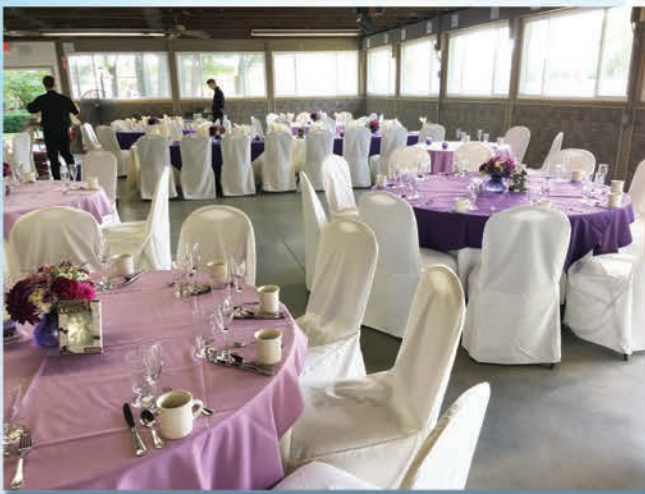
I.A.C.C. FOUNDATION

Book The Pavilion For Birthdays, Family reunions, Corporate events!

MEMBERS: \$250 - (SUN.-FRI.), \$350 (SAT.)

NON- MEMBERS: \$400 (SUN.-FRI.), \$500 (SAT.)

CALL THE MEMBERSHIP OFFICE AT 518-456-4222



PLENTY OF WEEKDAYS AND WEEKENDS
STILL AVAILABLE
FOR YOUR PARTY THROUGH OCTOBER

TELEGRAMMI ...



CURVY MERMAID STATUE IN ITALY MAKES A VIRAL SPLASH AS RESIDENTS DEBATE IF IT'S 'VULGAR' OR 'BEAUTIFUL'

A voluptuous mermaid statue in southern Italy is making people do a double take as city officials have finished the piece's installation near a children's play area. The statue, which was sculpted by the IISS Luigi Rosso art high school and is reportedly meant to honor Rita Levi-Montalcini, a late Italian senator and Nobel laureate, has been erected in the Puglia region, according to *The Monopoli Times*, a local news outlet that covers events in southern Italy. Students of the IISS Luigi Rosso art high school in Monopoli crafted the cheeky and buxom mermaid statue and the artwork has been erected at the Piazza Rita Levi Montalcini – a new town square named after the famous senator in Bari, a port city and province within the Monopoli township of Puglia. The statue appears to be a short distance away from a newly constructed children's park, which is equipped with a swing set, a jungle gym, a slide and a circular balance board. Since late April, residents of the area and the larger Italian population have been debating whether the curvy mermaid statue is an appropriate art display given its proximity to the square's park. "This statue is magnificent, people are becoming more and more intolerant," one Twitter user wrote under *The Monopoli Times* post. "Beautiful.. front and back.. don't censor the beautiful (real) woman's physique!" another Twitter user commented. The debate around Italy's mermaid statue comes weeks after a Florida school principal was forced to resign after parents complained that their children had been shown a photo of Michaelangelo's famous "David" statue during a Renaissance art lesson.

LA STATUA DELLA SIRENETTA FA UN SPLASH VIRALE MENTRE I RESIDENTI DIBATTISCONO SE È "VOLGARE" O "BELLA"

Una voluttuosa statua di una sirena nel sud Italia sta facendo fare un doppio giro alle persone mentre i funzionari della città hanno terminato l'installazione dell'opera vicino a un'area giochi per bambini. La statua, che è stata scolpita dal liceo artistico IISS Luigi Rosso e dovrebbe onorare Rita Levi-

Montalcini, defunta senatrice italiana e premio Nobel, è stata eretta nella regione Puglia, secondo The Monopoli Times, un notiziario locale outlet che copre gli eventi nel sud Italia. Gli studenti del liceo artistico IISS Luigi Rosso di Monopoli hanno realizzato la sfacciata e prosperosa statua della sirena e l'opera è stata eretta in Piazza Rita Levi Montalcini - una nuova piazza cittadina intitolata al famoso senatore di Bari, città portuale e provincia all'interno del Comune di Monopoli della Puglia. La statua sembra trovarsi a breve distanza da un parco per bambini di nuova costruzione, dotato di un'altalena, una palestra nella giungla, uno scivolo e una tavola circolare. Dalla fine di Aprile, i residenti della zona e la più numerosa popolazione italiana hanno discusso se la sinuosa statua della sirena sia un'esposizione d'arte appropriata data la sua vicinanza al parco della piazza. "Questa statua è magnifica, le persone stanno diventando sempre più intolleranti", ha scritto un utente di Twitter sotto il post del Monopoli Times. "Bello.. davanti e dietro.. non censurare il fisico della bella (vera) donna!" ha commentato un altro utente di Twitter. Il dibattito sulla statua della sirena italiana arriva settimane dopo che un preside di una scuola della Florida è stato costretto a dimettersi dopo che i genitori si erano lamentati del fatto che ai loro figli fosse stata mostrata una foto della famosa statua del "Davide" di Michelangelo durante una lezione di arte rinascimentale.

UKRAINE - ITALIANS MUST EVACUATE

Italians must leave Kyiv and other parts of Ukraine where Russia is launching increasingly heavy missile attacks, the Italian foreign ministry, the Farnesina, said Monday. "Increasingly heavy missile attacks continue to be recorded in Kyiv and throughout Ukraine. Extreme caution is advised. All travel to Ukraine, in any capacity, is strongly discouraged. Compatriots still in Ukraine are strongly advised to use the means still available, including trains, to leave the country immediately, at times when the curfew is not in force," said a message on the Viaggiare Sicuri website, managed by the Farnesina Crisis Unit, in an update published also on the homepage of the Italian embassy in Kyiv.

MINISTRERO DEGLI ESTERI-ITALIANI DEVONO LASCIARE L'UCRAINA-

Gli italiani devono lasciare Kiev e altre parti dell'Ucraina dove la Russia sta lanciando attacchi missilistici sempre più pesanti, ha detto lunedì il ministero degli Esteri italiano, la Farnesina. "Attacchi missilistici sempre più pesanti continuano a registrarsi a Kyiv e in tutta l'Ucraina. Si consiglia estrema cautela. Tutti i viaggi in Ucraina, a qualsiasi titolo, sono fortemente sconsigliati di lasciare immediatamente il Paese, negli orari in cui non vige il coprifuoco", si legge in un messaggio sul sito Viaggiare Sicuri, gestito dall'Unità di Crisi della Farnesina, in un aggiornamento pubblicato anche sulla homepage dell'ambasciata italiana a Kiev.

ITALY'S GOVERNMENT CALLS EMERGENCY MEETING OVER PASTA CRISIS

What exactly constitutes a pasta crisis? Well, in Italy, the unofficial capital of pasta, it has less to do with shortages and more to do with grossly inflated pasta prices. Across the board, national inflation has hiked up grocery product prices by 8%, but pasta's inflation rate is double that. According to Reuters, Italy's pasta price inflation hit a staggering 17.5% in March. As of right now, pasta inflation is causing Italians to spend an extra \$27.60 per year on their beloved pantry staple. Italians consume more pasta than any other country, averaging about 51 pounds of pasta per year, so rising costs for this dietary staple are hitting Italy particularly hard. In response, Industry Minister Adolfo Urso has called for an emergency meeting for May 11th in order to better understand and, hopefully, reduce this price spike.



IL GOVERNO ITALIANO CONVOCA RIUNIONE DI EMERGENZA PER CRISI DELLA PASTA

Cosa costituisce esattamente una crisi della pasta? Bene, in Italia, la capitale non ufficiale della pasta, ha meno a che fare con la carenza e più a che fare con i prezzi della pasta grossolanamente gonfiati. Su tutta la linea, l'inflazione nazionale ha aumentato i prezzi dei prodotti alimentari dell'8%, ma il tasso di inflazione della pasta è il doppio. Secondo Reuters, a marzo l'inflazione del prezzo della pasta in Italia ha toccato uno sbalorditivo 17,5%. A partire da ora, l'inflazione della pasta sta facendo sì che gli italiani spendano \$ 27,60 in più all'anno per la loro amata base della dispensa. Gli italiani consumano più pasta di qualsiasi altro paese, con una media di circa 51 chili di pasta all'anno, quindi l'aumento dei costi per questo alimento dietetico sta colpendo l'Italia in modo particolarmente duro. capire meglio e, si spera, ridurre questo picco di prezzo.



Regina's
BY 2SHEA

2SHEA
{ CATERING }

The large banquet hall will be closed for renovations from June 26th until our target date of reopening on September 10th, depending on the progress of construction. We plan to resume our Monday night buffet on September 11th, but this is dependent on the completion of construction. During the renovation, we will be hosting the Monday night buffets on **July 10th**, since the 3rd is a holiday weekend, and on **August 7th** in the pavilion. There will be no Sunday brunches at all during the ongoing construction.

PLEASE NOTE

Your safety is the top priority.
To ensure safety, we ask everyone to avoid all construction areas.
We all mitigate risks and contribute to smooth operations by staying out of active areas.



2023 IACC SWIMMING POOL SCHEDULE

POOL PHONE 518-380-2066 (TO CHECK CONDITIONS)

MEMBERS MUST HAVE THEIR MEMBERSHIP CARD AVAILABLE WHILE AT THE POOL

Su	Mo	Tu	We	Th	Fr	Sa
May						
					26-noon	27
28	29	30	31			
June						
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	
July						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Su	Mo	Tu	We	Th	Fr	Sa
August						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
September						
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17- 5PM	18	19	20	21	22	23
24	25	26	27	28	29	30

Noon – 8:00 p.m.	10:00 a.m. – 8:00 p.m.	Noon – 5:00 p.m.	Noon – 8:00 p.m. Lap Swimming 7:30-9:30 AM
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IACC Pool Regulations

- Proper bathing attire required. No cut-off jeans in the pool.
- Clothes and towels are not to be hung on or over the fence.
- IACC is not responsible for lost or stolen articles in pool area.
- NO running or jumping, profanity, horseplay, or pets permitted.
- NO glassware permitted in pool area.
- Children under age 12 MUST be accompanied by a parent or responsible adult at all times in pool area.
- NO radios, cassettes, or CD players in the pool area.
- ALL babies and small children not toilet trained MUST wear a swim diaper at all times.
- Children using flotation devices must be accompanied by an adult in the water.
- Children using flotation devices are allowed in the shallow end of the pool ONLY.
- No smoking in the Pool area.
- Guests must be accompanied by a member and must register with the lifeguard on duty.**

The Italian American Community Center Foundation

presents

Friday Nights

AT THE

PAVILION



**EVERY FRIDAY NIGHT FROM
May 26th - September 15th**

5:00PM - 8:00PM

**Eat, drink, listen to music,
play bocce or just hang-out at this
"open-to-the-public" event!**

**257 WASHINGTON AVE. EXT.
THE I.A.C.C. PAVILION**

**DON'T
MISS IT!**

To learn more about the Italian American
Community Center Foundation, please visit:

www.iaccfoundationalbany.org

518.456.IACC (4222)

257 Washington Avenue Ext. Albany, NY 12205

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Tag us #FridayNightsAtThePavilion #TheIACC

PER TUA
INFORMAZIONE
(FOR YOUR INFORMATION)



“Hopalong Che succede”
BUTTERI - THE ITALIAN COWBOYS

By JOE SANO

Forza, cavallino, forza! (Come on, little horse, come on)

When we think of the Wild West, there are few of us who picture cowboys in the open fields of Italy. Yet the Italian butteri herding horses, cattle or water buffalo are considered to be some of the world’s greatest riders. The butteri or Italian “cowboys” can be discovered roaming the Italian countryside known as the Maremma, a rugged coastal region that stretches from the plains of northern Lazio to the beaches and inland areas of southern Tuscany.

The Maremma cattle are a large breed, with bulls reaching more than 2,500 pounds. After World War I, the vast pastures needed for these cattle were confiscated by the state and split into smaller estates. In the 1930s, Mussolini drained much of the swampland, and in the 1950s, tractors replaced the cattle, which were raised as beasts of burden as well as for meat. Indeed, Maremma cattle are prized for their meat but outside of this region it is tough to find.



Instead of a lariat, the butteri carry the uncino – their third hand. It is a long, thin wood stick with a hook on one end and a fork on the other. It's used to open and close gates without dismounting, direct cattle, safely reach the cinch when saddling a colt, or pick up hats off the ground.



in America, visitors are flocking to the Maremma region to learn the craft and skills of the butteri who ride along with their clients eager to share their secrets. It's not a rich lifestyle with the average young butteri making about \$1500 Euros a month but it is a passion not a job. If you are lucky enough to be at Maremma's National Park (Parco Regionale della Maremma) during the first Sunday in August you will witness the Butteri Festa. It's a day filled with traditional butteri skills like corralling and branding cattle and other lifestyle treats.

One young buttero recently shared, "This is what I always wanted to do; this is where I am from. It's hard, but it's rewarding. You need to have the passion for it. Above all, it's a philosophy of life. Not so different from the philosophy of life held by a cowboy in, say, Texas or Wyoming." □

The butteri's mount is the Maremma horse. It's a tall, stout, quite often a bay color horse bred to work. A descendant of the Mongolian horse, the Maremma horse was crossbred over the centuries with the Arabian and Thoroughbred, increasing its size and enhancing its abilities. It is not shod since it has large feet that prevent it from sinking in this land of mud, sand and marsh.

Over the years, they lived a hard but passionate lifestyle. However, the changes in the cattle/beef industry, government regulations and a lack of interest by the young in pursuing this lifestyle is threatening their future. Their numbers are dwindling. **It is said that this way of life dates to the Etruscan times. Few to this day know that a vibrant cowboy culture exists stretching from Florence almost to Rome.**

Buffalo Bill Cody and his famous Wild West Show toured Europe in the late 19th century. It is said that during one of his European tours he visited this Maremma region. A local Italian nobleman and cattle rancher, the Duke of Sermoneta told Bill Cody that the Italian horsemen were far better riders than their American counterparts. The bet or La Sfida was on. A skills contest began and focused on who could break each other's wild horses. The butteri claimed victory but Buffalo Bill and his men said it took too long and thus was not acceptable. History says no money changed hands, but the Italian version said regardless of the time it took they won, and the Americans needed to just accept that.



Today the Italian cowboy culture still exists. Despite the dwindling number of cattle to tend, the horseback tourism culture is growing. Just like the dude ranches



**ITALIAN AMERICAN COMMUNITY CENTER
PRESENTS**

ferragosto

**Saturday, August 12, 2023
2PM | Bonfire at Dusk**

**Lunch, Dinner, Dessert
Coffee & Tea are Included.
*Other beverages are available
for purchase.***

**Ferragosto is a free
member event.
*Guests of members are
welcome for \$20.00.***

FOR MORE INFORMATION VISIT WWW.ITALIANAMERICAN.COM



Hello ladies,

Last month, the Women's League met in the pavilion for our June pot luck gathering. There was an array of food and, as usual, way too much!! We will gather again July 12th hopefully outside (weather permitting) or at the pavilion. We will be having water aerobics at the pool starting at 6pm led by our own Michele Sano, followed by a BBQ/potluck dinner. Please call Darlene Carino at (315)266-7726 or email her at darlenecarino27@gmail.com by Monday July 10th to let her know if you're attending and what you will be bringing so we won't have many duplicate dishes. We will be providing hamburgers and hot dogs. The cost will be \$5 per person if you bring a dish and \$10 if you do not.

For this month only, we will be collecting supplies to fill Backpacks for Kids for the **Capital City Mission**. These items have to be to them by August 15th. They are requesting the following items for back to school:

- **2 pocket folders**
- **3 ring binders**
- **Wide rule loose leaf paper**
- **Notebooks (spiral and marble composition)**
- **Colored pencils and crayons**
- **Glue sticks**
- **Erasers**
- **Pencils**
- **Pencil Cases**
- **Pencil sharpeners**
- **Pens (blue and black ink)**
- **Rulers**
- **Scissors (round tip only)**
- **Markers**

Thank you to all who brought items last month.

Happy 247th Birthday America!!
Happy 4th of July US!!



Georgeann Greene • PRESIDENT



CARING & SHARING



John Adair	Dominic Indelicato	Maria Patelos
Jennifer Allegra	Joseph Ingemie	Marina Patelos
Sherri Bellucci	Maegan Knauf	Colleen Raney
Michael Buckley	Chris Larrabee	Denise Severino
Benedetto Cafaro	Ronald Lippiello	Grazia Simeone
Matthew Cole	Ann Marie Lizzi	Debbie Strawbridge
Jaime D'Ambrosio	Julie Maio	Ann Walker
Luigi DeNitto	Pasquale Manzella	Joan Wallis
Linda DiBernardo	William McGill	Nancy Wideman
Dylan Ehrbar	Janet Miller	Monica Wilkes
Denise Halton	Fortunata Paglialonga	

**ITALIAN AMERICAN
COMMUNITY CENTER**

Welcome

new members

Jean Krause	Wendy Montesanti	Theresa Meglino-Healey
Martin Seib	Priscilla Yaciuk	Mary Patelos
William Ullrich	Ann Walker	Katina Serras
Joan Reilly	Cara & Kerry Walker	Rosemarie Rosen
Carlene & Charlene Garrow	Thomas O'Grady	Hannah & Noelle Dommasch
Joy Del-Sette		



During this time of year, a cold Orzo Salad is a great side dish for any barbeque or picnic. The combination of fresh vegetables and Italian dressing makes this the perfect side salad.

Cold Orzo Salad

Prep Time: 20 minutes | Cook Time: 20 minutes

Ingredients

- 2 lb of orzo pasta
- 6 tomatoes (remove seeds)
- 6 cucumbers (peeled)
- 1 large onion
- 4 red peppers
- 5 large basil leaves
- ½ cup of parmesan cheese
- 2 cups of Italian dressing

Italian Salad Dressing

- ½ cup of red wine vinegar
- 1 cup of olive oil
- 1 tablespoon of dried parsley
- 1 teaspoon of dried oregano
- 1 teaspoon of granulated garlic
- 2 tablespoons of granulated sugar

Instructions

1. Bring a medium saucepan full of salted water to a rolling boil. Add the orzo pasta and continue to boil until the pasta is fully cooked. Drain the pasta and cool.
2. Cut the cucumbers, tomatoes, onion, and peppers into a small dice and add all together in a mixing bowl. Chop the fresh basil and add to the bowl stirring all the vegetables together.
3. To make the dressing, add the vinegar, dried parsley, oregano, and granulated garlic to a large mixing bowl. Using a wire whisk, whisk the mixture together. Slowly add the olive oil a little at a time while whisking. Add the sugar and continue to whisk together until it thickens a little.
4. Add the cooled orzo, the parmesan cheese and salad dressing to the mixing bowl and mix until everything is coated.



For a better taste, place the salad into the refrigerator for 30 minutes to add an extra chill. Serve it cold. This recipe can be cut in half.



Look for more recipes in the next edition of the
SIAMO QUI



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